Haemodialysis may be indicated to increase the removal of methyl alcohol and its toxic metabolites. Peritoneal dialysis has been used but is less efficient. Haemodialysis may be considered if the blood-methyl alcohol concentration is greater than 500 micrograms/mL, if there is severe metabolic acidosis unresponsive to sodium bicarbonate, or there is visual disturbance, CNS toxicity, renal failure, or severe electrolyte disturbance. If haemodialysis is used, a constant blood-ethanol concentration may be ensured either by increasing the ethanol infusion rate or by addition of ethanol to the dialysate fluid.

Treatment should not be stopped prematurely since oxidation and excretion of methyl alcohol may continue for several days; patients should, therefore, be closely observed and monitored. Suitable supportive treatment should be carried out as required. Folinic acid and folic acid have been given in the treatment of methyl alcohol toxicity because they may enhance the metabolism of formic acid.

#### ♦ References.

 Barceloux DG, et al. American Academy of Clinical Toxicology Ad Hoc Committee on the Treatment Guidelines for Methanol Poisoning. American Academy of Clinical Toxicology practice guidelines on the treatment of methanol poisoning. *J Toxicol Clin Toxicol* 2002; **40:** 415–46.

#### **Pharmacokinetics**

Methyl alcohol is readily absorbed from the gastrointestinal tract and distributed throughout the body fluids. It may also be absorbed after inhalation or through large areas of skin. Oxidation by alcohol dehydrogenase with formation of formaldehyde and formic acid takes place mainly in the liver and also in the kidneys. These metabolites are thought to be largely responsible for the characteristic symptoms of methyl alcohol poisoning. Metabolism is much slower than for ethanol, which competitively inhibits the metabolism of methyl alcohol. Oxidation and excretion may continue for several days after ingestion. Elimination of unchanged methyl alcohol via the lungs and in the urine is a minor route of excretion.

### Uses

Methyl alcohol is used as a pharmaceutical and industrial solvent. It is also used as 'wood naphtha' to denature ethanol in the preparation of industrial methylated spirits. Methyl alcohol is also used as an extraction solvent in food processing.

### Methyl tert-Butyl Ether

Éter metilterbutílico; Methyl Terbutyl Ether; Methyl Tertiary Butyl Ether; MTBE. 2-Methoxy-2-methylpropane.

Метил-трет-бутиловый Эфир  $C_5H_{12}O = 88.15$ . CAS - 1634-04-4.

$$H_3C$$
  $CH_3$   $CH_3$ 

Description. Methyl tert-butyl ether is a volatile, flammable liquid. Wt per mL about 0.74 g. B.p. about 55°. Store in airtight

Stability. Explosive peroxides may be generated by the atmospheric oxidation of methyl tert-butyl ether, but the risk is lower than with solvent ether.

## Adverse Effects

Methyl tert-butyl ether is irritant and may cause CNS depression. Adverse effects that have been reported after use as a gallstone solvent are described under Uses and Administration, below.

## **Uses and Administration**

Methyl tert-butyl ether is a solvent that has been used for the rapid dissolution of cholesterol gallstones

Gallstones. An alternative to bile acid therapy in patients with gallstones (p.2409) who are not considered suitable for surgery is direct instillation of a solvent into the gallbladder.

Methyl tert-butyl ether has been used to dissolve cholesterol gallstones; stones rich in calcium or pigments are not dissolved.1 Unfortunately incomplete dissolution and residual debris can lead to recurrence of stone formation.<sup>2</sup> The solvent is usually instilled via a percutaneous transhepatic catheter, 1,3 although other routes have been used.4 Gallbladder stones were treated in 75 patients with continuous infusion and aspiration of methyl tertbutyl ether 4 to 6 times/minute for an average of 5 hours daily for 1 to 3 days. At least 95% of the stone mass was dissolved in 72 patients. Gallbladder stones recurred in 4 patients between 6 and 16 months after the procedure; 7 of 51 patients with residual stone fragments had an episode of biliary colic during 6 to 42 months of follow-up. Nausea, sometimes with emesis, occurred in about one-third of patients. Overflow of solvent from the gallbladder can result in absorption from the gastrointestinal tract; methyl tert-butyl ether is detected on the breath and sedation can occur. One patient in whom overflow occurred developed ulcerative duodenitis and intravascular haemolysis. Coma and acute renal failure have also complicated treatment and have been attributed to leakage alongside the catheter rather than overflow of solvent.<sup>5</sup> Other workers<sup>6,7</sup> have obtained similar results for the dissolution of gallstones. One group<sup>6</sup> found that nausea and vomiting could be reduced if the treatment time was kept short and the perfusion volume was kept as low as possible; they also managed to prevent bile leakage and haemorrhage using a tissue adhesive or subcutaneous ceruletide to contract the gallbladder. Dissolution of gallbladder stones with methyl tert-butyl ether is likely to remain confined to specialist centres for use in patients unsuitable for surgical treatment.<sup>1,8</sup> A combination of litholytic modalities such as dissolution with solvents or bile acids, or lithotripsy may overcome some of the disadvantages of individ-

Methyl tert-butyl ether has been instilled via a nasobiliary catheter to dissolve stones in the common bile duct. Although effective in some cases, 10 further study has indicated disappointing overall results.1,11

Various combinations of drugs have been investigated to dissolve pigment-rich or mixed stones. For common bile-duct stones these include a cocktail of dimethyl sulfoxide 60%, methyl tert-butyl ether 20%, and sodium bicarbonate 20%, and a regimen of alternating infusions of pentyl ether and edetic acidurea 10%. A similar regimen of methyl hexyl ether and edetic acid-urea has been used successfully in 2 patients with calcified gallbladder stones.1

- 1. Bouchier IAD. Gall stones. BMJ 1990; 300: 592-7.
- Maudgal DP, Northfield TC. A practical guide to the nonsurgi-cal treatment of gallstones. Drugs 1991; 41: 185–92.
- Thistle JL, et al. Dissolution of cholesterol gallbladder stones by methyl tert-butyl ether administered by percutaneous tran-shepatic catheter. N Engl J Med 1989; 320: 633–9.
- 4. Foerster E-Ch, et al. Direct dissolution of gallbladder stones. Lancet 1989; i: 954.
- Ponchon T, et al. Renal failure during dissolution of gallstones by methyl-tert-butyl ether. Lancet 1988; ii: 276–7.
- Hellstern A, et al. Gall stone dissolution with methyl tert-butyl ether: how to avoid complications. Gut 1990; 31: 922–5.
- 7. McNulty J, et al. Dissolution of cholesterol gall stones using methyltertbutyl ether: a safe effective treatment. *Gut* 1991; **32**: 1550–3
- 8. Hetzer FH, et al. Kontaktlitholyse von Gallensteinen mit Methyltertbutyläther bei Risikopatienten—eine Fallbeschreibung Swiss Surg 2001; 7: 39–42.
- 9. Salen G, Tint GS. Nonsurgical treatment of gallstones. N Engl J Med 1989; **320:** 665–6.
- Murray WR, et al. Choledocholithiasis—in vivo stone dissolution using methyl tertiary butyl ether (MTBE). Gut 1988; 29:
- 11. Neoptolemos JP, et al. How good is methyl tert-butyl (MTBE) for common bile duct (CBD) stone dissolution? Gut 1989; 30: A736-7
- 12. Anonymous. Gallstones, bile acids, and the liver. Lancet 1989; ii: 249-51.
- 13. Swobodnik W, et al. Dissolution of calcified gallbladder stones by treatment with methyl-hexyl ether and urea-EDTA. *Lancet* 1988; **ii**: 216.

## **Methyl Butyl Ketone**

2-Hexanone: Methyl n-Butyl Ketone: Metilbutilcetona: Propylacetone. Hexan-2-one.

Метилбутилкетон  $C_6H_{12}O = 100.2.$ CAS - 591-78-6.

Description. Methyl butyl ketone is a colourless, volatile liquid. Wt per mL about 0.82 g. B.p. about 127°. Store in airtight

## **Methyl Isobutyl Ketone**

Hexone; Isobutilmetilcetona; Isopropylacetone; Metilisobutilcetona; MIBK. 4-Methylpentan-2-one.

Метилизобутилкетон

 $C_6H_{12}O = 100.2.$ CAS - 108-10-1.

## Pharmacopoeias. In USNF.

USNF 26 (Methyl Isobutyl Ketone). A transparent, colourless, mobile, volatile liquid having a faint ketonic and camphoraceous odour. Sp. gr. not more than 0.799. Distilling range  $114^\circ$  to  $117^\circ$ . Slightly soluble in water; miscible with alcohol, with ether, and with benzene. Store in airtight containers.

# **Adverse Effects and Precautions**

Methyl butyl ketone and methyl isobutyl ketone may depress the CNS in high concentrations. Their vapours are irritating to mucous membranes. Methyl isobutyl ketone may be implicated in volatile substance abuse (p.2019).

- ♦ References.
- 1. WHO. Methyl isobutyl ketone. Environmental Health Criteria 117. Geneva: WHO, 1990. Available at: http://www.inchem.org/documents/ehc/ehc/ehc117.htm (accessed 30/06/04)
- WHO. Methyl isobutyl ketone health and safety guide. IPCS Health and Safety Guide 58. Geneva: WHO, 1991. Available at: http://www.inchem.org/documents/hsg/hsg/hsg058.htm (accessed 30/06/04)

Effects on the nervous system. Peripheral neuropathy<sup>1</sup> has occurred after occupational exposure to methyl butyl ketone, particularly an outbreak of neuropathy in a printing plant after the replacement of methyl isobutyl ketone by methyl butyl ketone in a solvent mixture with methyl ethyl ketone. Methyl ethyl ketone may have potentiated the neurotoxicity induced by methyl butyl ketone.

For further discussion of neurotoxicity after occupational exposure to solvents including methyl butyl ketone, see under Toluene. p.2026.

1. Lolin Y. Chronic neurological toxicity associated with exposure to volatile substances. Hum Toxicol 1989; 8: 293-300

Handling. Suitable precautions should be taken to avoid skin contact with methyl butyl ketone or methyl isobutyl ketone as they can penetrate skin and produce systemic toxicity.

#### Uses

Methyl isobutyl ketone is used as an industrial and pharmaceutical solvent and also as an alcohol denaturant. Methyl butyl ketone is used as an industrial solvent.

## **Methyl Chloride**

Cloruro de metilo; Monochloromethane. Chloromethane.

Метилхлорид  $CH_3CI = 50.49$ . CAS - 74-87-3.

Description. Methyl chloride is a colourless gas compressed to a colourless liquid with an ethereal odour. B.p. about -24°. Store in airtight containers.

# **Adverse Effects and Treatment**

Symptoms of methyl chloride intoxication often appear after a latent period of several hours and are similar after acute or chronic exposure to the vapour. Symptoms include gastrointestinal disturbances such as nausea, vomiting, and abdominal pain, and signs of CNS depression including headache, weakness, drowsiness, confusion, visual disturbances, and incoordination progressing to convulsions, coma, and death from respiratory depression in severe cases. There have been a few reports of hepatic and renal damage.

Treatment consists of removal from exposure and supportive and symptomatic measures. Neurological effects may persist for many months.

- ♦ References to the toxicity of methyl chloride.
- Repko JD, Lasley SM. Behavioral, neurological, and toxic effects of methyl chloride: a review of the literature. CRC Crit Rev Toxicol 1979; 6: 283–302.

## Uses

Methyl chloride is used as an industrial solvent. It has been used as an aerosol propellant and refrigerant and was formerly used as a local anaesthetic.

## **Methyl Ethyl Ketone**

Ethyl Methyl Ketone; Etylometyloketon; MEK; Metiletilcetona; Metyloetyloketon. Butan-2-one.

Метилэтилкетон  $C_4H_8O = 72.11.$ CAS — 78-93-3.

$$H_3C-CH_2-C$$

 $\label{eq:Description.} \textbf{Description.} \ \ \textbf{Methyl} \ \ \text{ethyl} \ \ \text{ketone} \ \ \text{is} \ \ \text{a colourless flammable liquid with an acetone-like odour.} \ \ \ \textbf{Wt} \ \ \text{per mL about 0.81 g. B.p. 79}^{\circ} \ \ \ \text{to 81}^{\circ}. \ \ \ \text{Soluble in water; miscible with alcohol and with ether.}$ Store in airtight containers.

# Adverse Effects

Methyl ethyl ketone is irritant. Inhalation may result in mild CNS effects including headache and dizziness; nausea and vomiting may also occur.