

Profile

Citizole has been used in the treatment of hepatic disorders and as a mucolytic. Hypersensitivity reactions have been reported.

◊ References.

- de Barrio M, et al. Recurrent fixed drug eruption caused by citizole. *J Investig Allergol Clin Immunol* 1997; 7: 193-4.

Preparations

Proprietary Preparations (details are given in Part 3)

Spain: Mucorex†.

Multi-ingredient: **Spain:** Hubergrip†.

Citral

Cyral. 3,7-Dimethyl-2,6-octadienal.

$C_{10}H_{16}O = 152.2$.

CAS — 5392-40-5 (*citral*); 141-27-5 (*geranial*); 106-26-3 (*neral*).

Profile

Citral is a terpenoid constituent of lemon oil (p.2332), lemon grass oil (p.2333), melissa oil (p.2339), and many other essential oils; it exists as 2 isomers, *trans*-citral (geranal) and *cis*-citral (neral). It has been used in preparations for respiratory-tract, musculoskeletal, and other disorders. It is also used as a flavour and perfume.

Hypersensitivity. References.

- Heydorn S, et al. Citral a fragrance allergen and irritant. *Contact Dermatitis* 2003; 49: 32-6.

Preparations

Proprietary Preparations (details are given in Part 3)

Multi-ingredient: **Fr.:** Bronchorectine au Citral; **Switz.:** Carmol Plus†.

Anhydrous Citric Acid

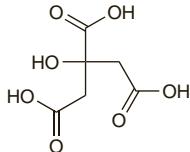
Acidum Citricum; Acidum citricum anhydricum; Cítrico anhidro, ácido; Citrin rūgštis, bevandéné; Citrique (acide) anhydre; Citronensäure; Citronsyra, vattenfri; E330; Kyselina citronová; Sitruunahappo, vedetön; Vízmentes citromsav. 2-Hydroxypropane-1,2,3-tricarboxylic acid.

$C_6H_8O_7 = 192.1$.

CAS — 77-92-9.

ATC — A09AB04.

ATC Vet — QA09AB04.

**Pharmacopoeias.** In *Eur.* (see p.vii), *Int.*, *Jpn.*, and *US*.

Ph. Eur. 6.2 (Citric Acid, Anhydrous). Colourless crystals or granules or a white or almost white crystalline powder. Very soluble in water; freely soluble in alcohol.

USP 31 (Anhydrous Citric Acid). Colourless, translucent crystals, or a white, granular to fine, crystalline powder. Soluble 1 in 0.5 of water, 1 in 2 of alcohol, and 1 in 30 of ether. Store in airtight containers.

Citric Acid Monohydrate

Ácido del Limón; Acidum citricum monohydricum; Cítrico monohidrato, ácido; Citrin rūgštis monohidratas; Citrique (acide) monohydraté; Citromsav-monohidrát; Citronsyramonohydrat; Hydrous Citric Acid; Kwas cytrynowy jednowodny; Kyselina citronová monohydrát; Sitruunahappomonohydraatti.

$C_6H_8O_7 \cdot H_2O = 210.1$.

CAS — 5949-29-1.

ATC — A09AB04.

ATC Vet — QA09AB04.

Pharmacopoeias. In *Chin.*, *Eur.* (see p.vii), *Int.*, *Jpn.*, *US*, and *Viet.*

Ph. Eur. 6.2 (Citric Acid Monohydrate). Efflorescent, colourless crystals or granules, or a white or almost white crystalline powder. Very soluble in water; freely soluble in alcohol. Store in airtight containers.

USP 31 (Citric Acid Monohydrate). Colourless, translucent crystals, or a white, granular to fine, crystalline powder. It is efflorescent in dry air. Soluble 1 in 0.5 of water, 1 in 2 of alcohol, and 1 in 30 of ether. Store in airtight containers.

Adverse Effects and Precautions

Citric acid ingested frequently or in large quantities may cause erosion of the teeth and have a local irritant action.

Interactions

Aluminium hydroxide. Intestinal absorption of aluminium ions may be enhanced by oral doses of citrates. Caution is needed in patients with chronic renal disease receiving aluminium hy-

dioxide as a phosphate binder who are given a calcium supplement in the form of effervescent tablets that contain citric acid.¹

- Mees EJD, Başçı A. Citric acid in calcium effervescent tablets may favour aluminium intoxication. *Nephron* 1991; 59: 322.

Uses and Administration

Citric acid is used in effervescent mixtures; the monohydrate is used in the preparation of effervescent granules.

Citric acid monohydrate is used as a synergist to enhance the effectiveness of antioxidants.

Preparations containing citric acid are used in the management of dry mouth (p.2140) and to dissolve renal calculi, alkalinise the urine, and prevent encrustation of urinary catheters. Citric acid is an ingredient of citrated anticoagulant solutions. Citric acid has also been used in preparations for the treatment of coughs, gastrointestinal disturbances, and metabolic acidosis.

Preparations

BP 2008: Lemon Syrup; Paediatric Compound Tolu Linctus; Paediatric Simple Linctus; Potassium Citrate Mixture; Simple Linctus;

Ph. Eur.: Anticoagulant Acid-Citrate-Glucose Solutions (ACD); Anticoagulant Citrate-Phosphate-Glucose Solution (CPD);

USP 31: Anticoagulant Citrate Dextrose Solution; Anticoagulant Citrate Phosphate Dextrose Adenine Solution; Anticoagulant Citrate Phosphate Dextrose Solution; Citric Acid, Magnesium Oxide, and Sodium Carbonate Irrigation; Magnesium Carbonate and Citric Acid for Oral Solution; Magnesium Carbonate, Citric Acid, and Potassium Citrate for Oral Solution; Magnesium Citrate Oral Solution; Potassium and Sodium Bicarbonates and Citric Acid Effervescent Tablets for Oral Solution; Potassium Citrate and Citric Acid Oral Solution; Sodium Citrate and Citric Acid Oral Solution; Tricitrate Oral Solution.

Proprietary Preparations (details are given in Part 3)

Gr.: Citrolithine; **India:** Revici; **Mex.:** Lipocinetin; **Pol.:** Citroyl; **S.Afr.:** Crystacit; **Venez.:** Polictira.

Multi-ingredient: **Arg.:** Alkal; Alka-Seltzer Doble Accion; Sal de Fruta Enzo; Uvasal; **Austral.:** Alka-Seltzer; Citralite; Citravescint; Durolax X-Pack†; Eno; Picolax†; Picroprep; Ural; Uriacal†; Uriosal†; **Austria:** Alka-Seltzer; Duplatrot Z; Helo-acid; Kalioral; **Belg.:** Alka-Seltzer; **Braz.:** Citrosodine†; Digestem; Regulador Xavier N-2†; Sal de Andrews; Sal de Fruta Enzo; Sonnabend; **Canad.:** Alka-Seltzer; Bromo Madelon; Dictrate†; Pico-Salax; **Chile:** Disfruta; Fenokomp 39; Justegas†; Kanactrim; Sal de Fruta Enzo; Summer's Elixer Hierbas†; Uroacaline; Yasta; **Cz.:** Alka-Seltzer; Blemaren N; Carbocit E-Z-Gas†; Herabend; **Fin.:** Alka-Seltzer; **Fr.:** Alka-Seltzer; Citrocholine; Duplicit; Elixir Greiz†; Heparginol; Ormitaine; Sebium ABK; Spinogel†; **Ger.:** Alka-Seltzer; Barilux Brausetabletten†; Blemaren N; Citropen-sint; Lithure S†; Pepzitrat; Retterspitz Ausserlich; Retterspitz Innenlich; Urnor†; **Gr.:** E-Z-Gas; Gastrovison†; **Hong Kong:** Alka-Seltzer; Eno; **Hung.:** Alka-Seltzer; Blemaren N; E-Z-Gas; Magurilit†; **India:** Carmicide; Cospicin; Coscopin Plus; Dristan Expectorant; Ursoda; **Indon.:** Pastefex for Children; Promethazine Ikaparmindra; **Ir.:** Andrews; Carbox†; Cymalon; Mictral†; **Israel:** E-Z-Gas II; Eno; Uralik; **Ital.:** Alka-Seltzer; Citroepatina; Duogas; Gefava; Lavanda Sofar; **Malaysia:** Alka-Seltzer; Citravescint†; Eze; Picoprep; Potici; Ural; **Mex.:** Kapsalt; Lipo Slim N†; Uroclasio NF; **Neth.:** Alka-Seltzer; Gastros; **NZ:** Alka-Seltzer; Lemisia Dry Cough†; Picoprep; Ural; **Philip.:** Alka-Seltzer; **Port.:** Citropipos; **Port.:** Alka-Seltzer; Creme Laser Hidrante; Detoxogen; Eno; **Rus.:** Alka-Seltzer (Алька-Зеальцер); Blemaren (Блемарен); **S.Afr.:** Adco-Sodas; Alkafizz; Betasoda†; Citro-Soda; Citrocit†; Effersol; Pneucid; Quattro-Soda†; Uri-Alik; Vicks Cough Syrup; **Singapore:** Alka-Seltzer; Dictrate; Potici; **Spain:** Alka-Seltzer; Justegas; Pastillas Antisipar Garg L; Sal de Fruta Enzo; Sales de Frutas P G; Ural y Urato; **Swed.:** Alka-Seltzer; Renapur; **Switz.:** Alka-Seltzer; E-Z-Gas II; Peppi-Chlor†; Siesta-I; **Thail.:** Alka-Seltzer; Carmicide†; **Turk.:** Alka-Seltzer; **UK:** Alka-Seltzer; Alka-Seltzer XS; Allens Junior Cough; Andrews; Carbex; Cymalon; Effercitrate; Eno; Hills' Balsam Chest Cough for Children; Lemisia Cough & Cold Dry Cough; Potters Children's Cough Pastilles; Resolive; Uriflex G; Uriflex R; Uro-Tainer Solution R; Uro-Tainer Suby G; Zubes Blackcurrant; Zubes Honey & Lemon; **USA:** Alka-Seltzer; Alka-Seltzer Antacid; Alka-Seltzer with Aspirin; Bioftra; Bromo Seltzer Effervescent Granules; Cytra-2; Cytra-3; Cytra-4; Cytra-LC; Extra Strength Alka-Seltzer Effervescent Tablets; Goli Alka-Seltzer; Oradit; Original Alka-Seltzer Effervescent Tablets; Polycitra-K; Polycitra-LC; Renacidin; Sparkles; Zee-Seltzer; **Venez.:** Alka-Seltzer; Eno.

Citronella Oil

Citrinžoli eterinis aliejus; Citronela, aceite esencial de; Citronellae aetheroleum; Citronellae Etheroleum; Citronellaöl; Citronelloil; Citronelová silice; Citronnelle, huile essentielle de; Oleum Citronellae; Citronellöljy.

Pharmacopoeias. In *Eur.* (see p.vii).

Ph. Eur. 6.2 (Citronella Oil). The oil obtained by steam distillation from the fresh or partially dried aerial parts of *Cymbopogon winterianus*. It contains 30.0 to 45.0% citronellol, 9.0 to 15.0% citronellol, 2.0 to 4.0% citronellyl acetate, less than 2.0% geranial, 20.0 to 25.0% geraniol, 3.0 to 8.0% geranyl acetate, 1.0 to 5.0% limonene, and less than 2.0% nerol. A pale yellow to brownish-yellow liquid with a very strong odour of citronellol. Store in well-filled containers. Protect from light.

Profile

Citronella oil is used as a perfume and insect repellent. It is also used in aromatherapy. Hypersensitivity has been reported.

Preparations**Proprietary Preparations** (details are given in Part 3)

Arg.: Aulo Gelio Repelente; Repelente Rep.; **Canad.:** Buzz Away†; Druidie Insect Repellent†; **Ger.:** Kneipp Beruhigungs-Bad spezial; Schuppen Olbad†; **Malaysia:** Moz-Away; **UK:** Mozzie Patch; Natrapel.

Multi-ingredient: **Arg.:** Aulo Repelente De Pijos; Repelente Rep.; **Austral.:** Apex Repel Natural; **Austria:** Valin Baldwin; **Belg.:** Mouskito Travel Stick; **Canad.:** Natrapel; **Cz.:** Amol; **Fr.:** Ysol 206; **Ger.:** esto-gast; Melissengeist; **Indon.:** Corsabalm; **Ital.:** Air Citronella†; Citrosystem; Mistick Verde; **NZ:** Apex Repel Natural; **Pol.:** Carmolis; **S.Afr.:** Melissengeist; Nob-Bite†; **Switz.:** Baume du Chalet; Novital; Saltrates†; Sansilla; **UK:** Snowfire; **USA:** Treo.

Clivers

Amor de hortelano; Cleavers; Galii Aparinis Herba; Galium; Goosegrass.

Profile

Clivers is the dried aerial parts of *Galium aparine* (Rubiaceae). It has been used in herbal medicine, mainly as a diuretic.

Preparations**Proprietary Preparations** (details are given in Part 3)

Multi-ingredient: **Austral.:** Dermaco; Galium Complex†; Herbal Cleanse†; Uva-Ursi Complex†; **UK:** Antitis; Aqua Ban Herbal; Athera; Backache; Cascade; Gerard House Water Relief Tablets; HealthAid Boldo-Plus; Kas-Bah; Modern Herbs Menopause; Modern Herbs Water Retention; Psorasolv; Sciaro; Skin Cleansing; Tabritis; Water Naturtabs; Watershed.

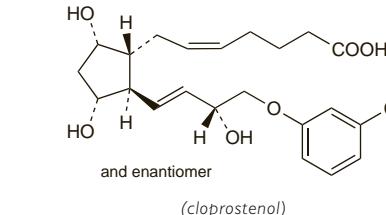
Cloprostenol Sodium (BANM, USAN, rINN)

Cloprostenol sódico; Cloprosténol sodique; Cloprostenoli natrium; ICI-80996; Natrii Cloprosténolum. Sodium (±)- (Z) -7-((1R,2R,3S,5S)-2-[*E*-(3R)-4-(3-chlorophenoxy)-3-hydroxybut-1-enyl]-3,5-dihydroxycyclopentyl)hept-5-enoate.

Натрий Клопростено́л

$C_{22}H_{28}ClNaO_6 = 446.9$.

CAS — 40665-92-7 (*cloprostenol*); 55028-72-3 (*cloprostenol sodium*).

**Pharmacopoeias.** In *BP(Vet)*.

BP(Vet) 2008 (Cloprostenol Sodium). A white or almost white amorphous hygroscopic powder. Freely soluble in water, in alcohol, and in methyl alcohol; practically insoluble in acetone. Protect from light and moisture.

Profile

Cloprostenol is a synthetic analogue of dinoprost (prostaglandin F2 α). The sodium salt is used as a luteolytic in veterinary medicine.

Clove

Caryoph; Caryophylli flos; Caryophyllum; Clavo; Clou de girofle; Cloves; Cravinho; Cravo-dia-India; Gewürznelke; Giroflier; Gvazdikeliá; Hřebíčkovcový květ; Kryddnejlika; Mausteneilikka; Szegfűszeg; Tropical Myrtle.

Pharmacopoeias. In *Chin.*, *Eur.* (see p.vii), and *Jpn.*

Ph. Eur. 6.2 (Clove). The whole flower buds of *Syzygium aromaticum* (*Eugenia caryophyllus*), containing not less than 15% v/w of volatile oil, dried until they become reddish-brown, and with a characteristic aromatic odour. Protect from light.

The BP 2008 directs that when Powdered Clove is prescribed or demanded, material containing not less than 12.0% v/w of essential oil shall be dispensed or supplied.

Profile

Clove is a carminative and is used as a flavour. It is the source of clove oil (below).

Clove and clove oil have been abused in the form of cigarettes.

Abuse. Smoking of cigarettes composed of a mixture of tobacco and cloves is a habit that originated in Indonesia and has spread to the USA. There have been reports of severe and sometimes fatal respiratory illness related to smoking clove cigarettes and there is also evidence from animal studies that clove cigarette smoke and eugenol (the principal constituent of clove oil) have harmful pulmonary effects. The Council on Scientific Affairs of the American Medical Association considers that in addition to the hazards associated with smoking tobacco, clove cigarettes may also produce severe lung injury in certain susceptible individuals and could also induce pulmonary aspiration in healthy individuals due to diminution of the gag reflex produced by the local anaesthetic action of eugenol.¹ The American Academy of Pediatrics has also alerted paediatricians in the USA to clove-cigarette smoking by young people and warned of the risks.²

1. American Medical Association Council on Scientific Affairs. Evaluation of the health hazard of clove cigarettes. *JAMA* 1988; 260: 3641-4.

2. Committee on Substance Abuse. Hazards of clove cigarettes. *Pediatrics* 1991; 88: 395-6.