

Profile

The leaves of the cowberry, *Vaccinium vitis-idaea* (Ericaceae), have astringent properties and have been used as a domestic remedy for diarrhoea.

Preparations

Proprietary Preparations (details are given in Part 3)

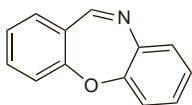
Multi-ingredient: **Pol:** Diuronis.

CR Gas

EA-3547; Gas CR. Diben[*b,f*][1,4]oxazepine.

$C_{13}H_9NO = 195.2$.

CAS — 257-07-8.



Profile

A riot-control gas with irritant and lachrymatory properties similar to those of CS gas (p.2290); it is described as a tear gas. CR gas is reported not to be hydrolysed by water and therefore to be suitable for use in water cannons.

References

- Blain PG. Tear gases and irritant incapacitants. 1-chloroacetophenone, 2-chlorobenzylidene malononitrile and dibenz[*b,f*]-1,4-oxazepine. *Toxicol Rev* 2003; **22**: 103–10.

Cranberry

Arándano.

Pharmacopoeias. *US* includes a liquid preparation.

USP 31 (Cranberry Liquid Preparation). The bright red juice derived from the fruits of *Vaccinium macrocarpon* or *V. oxycoccus* (Ericaceae). It contains no added substances and is for manufacturing purposes only. pH between 2.4 and 2.6. Store at 2° to 8°.

Profile

Cranberry consists of the fruit of *Vaccinium macrocarpon*, the American cranberry or *V. oxycoccus*, the European cranberry. Cranberry juice has been reported to reduce the incidence of urinary-tract infections.

Interactions. For a report of interactions between cranberry juice and *warfarin*, see p.1430.

Urinary-tract infections. Cranberries and cranberry juice have been used widely for many years for both the prevention and treatment of urinary-tract infections. A systematic review¹ of available data concluded that there was some evidence that cranberry juice for prevention may decrease the number of symptomatic urinary-tract infections in women over a 12 month period, particularly those with recurrent infections. However, evidence for efficacy in the elderly is inconclusive, and currently lacking in patients with neurogenic bladder. The authors recommended further controlled studies in all susceptible patient groups, and also into more acceptable dosage formulations. However, another review² assessing the effectiveness of cranberry for treatment concluded that there was no good quality evidence to suggest that it is effective.

- Jepson RG, Craig JC Cranberries for preventing urinary tract infections. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2008 (accessed 18/04/08).
- Jepson RG, *et al.* Cranberries for treating urinary tract infections. Available in The Cochrane Database of Systematic Reviews; Issue 4. Chichester: John Wiley; 1998 (accessed 18/04/08).

Preparations

Proprietary Preparations (details are given in Part 3)

Arg: Urosecad. **Austral:** Uricleanet; **Canad:** Cran Max†; **Fr:** Cys Control; Gyndelta; **Ital:** Ivumir.

Multi-ingredient: **Arg:** Uridon; **Austral:** Bioglan Cranbiotic Super; Cranberry Complex; Extralife Uri-Care; **Canad:** Cran-C†; Prostatease; **Hong Kong:** Prostatease; **Pol:** Diabetosol; Urosept.

Crataegus

Aubépine; Aubépine, baie d' (hawthorn berries); Aubépine, feuille et fleur d' (hawthorn leaf and flowers); Biancospino; Crataegi folium cum flore (hawthorn leaf and flowers); Crataegi fructus (hawthorn berries); Crataegi Inflorescentia (hawthorn leaf and flowers); English Hawthorn; Galagonyatermés (hawthorn berries); Gudobeli vaisyai (hawthorn berries); Hagtonsbär (hawthorn berries); Haw; Hlohový plod (hawthorn berries); Kwiatostan glogu (hawthorn leaf and flowers); Orapihlajanmarja (hawthorn berries); Owoc glogu (hawthorn berries); Pilriteiro; Weissdorn; Whitethorn.

ATC — C01EB04.

ATC Vet — QC01EB04.

Pharmacopoeias. In *Chin.*, *Eur.* (see p.vii), and *US*.

Ph. Eur. 6.2 (Hawthorn Berries; Crataegi Fructus). The dried false fruits of *Crataegus oxyacantha* (*C. laevigata*), or *C. monogyna*, or their hybrids or a mixture of these false fruits. They contain not less than 1% of procyanidins, calculated as cyanidin chloride ($C_{15}H_{11}ClO_6 = 322.7$) with reference to the dried drug. Protect from light.

Ph. Eur. 6.2 (Hawthorn Leaf and Flower; Crataegi Folium cum Flore). The whole or cut, dried flower bearing branches of *Crataegus oxyacantha* (*C. laevigata*), or *C. monogyna*, or their hybrids or, more rarely, other European *Crataegus* species including *C. pentagyna*, *C. nigra*, and *C. azarolus*. It contains not less than 1.5% of flavonoids, calculated as hyperoside ($C_{21}H_{20}O_{12} = 464.4$) calculated with reference to the dried drug. Protect from light.

USP 31 (Hawthorn Leaf with Flower). The dried tips of the flower-bearing branches up to 7 cm in length of *Crataegus monogyna* or *C. laevigata*, also known as *C. oxyacantha* (Rosaceae). It contains not less than 0.6% of C-glycosylated flavones, expressed as vitexin ($C_{21}H_{20}O_{10} = 432.4$), and not less than 0.45% of C-glycosylated flavones, expressed as hyperoside, calculated with reference to the dried drug. Protect from light.

Profile

Crataegus contains flavonoid glycosides with cardiotonic properties similar to those of digoxin (p.1259). Crataegus is used in herbal medicine.

Homoeopathy. Crataegus has been used in homoeopathic medicines under the following names: Crataegus oxyacantha; Crat. oxy.

◇ Crataegus is used in herbal medicine for cardiovascular disorders.^{1,4} A systematic review⁴ of controlled studies concluded that it shows significant benefit compared with placebo as an adjunctive treatment for chronic heart failure. A review³ of data currently available indicates that it is rarely associated with serious adverse affects, although the authors noted that problems may occur with its unsupervised use, especially if given with other drugs.

- Trigals JM, Sweet BV. Hawthorn: pharmacology and therapeutic uses. *Am J Health-Syst Pharm* 2002; **59**: 417–22.
- Chang Q, *et al.* Hawthorn. *J Clin Pharmacol* 2002; **42**: 605–12.
- Daniele C, *et al.* Adverse-event profile of Crataegus spp.: a systematic review. *Drug Safety* 2006; **29**: 523–35.
- Pittler MH, *et al.* Hawthorn extract for treating chronic heart failure. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2008 (accessed 18/04/08).

Preparations

Ph. Eur. Hawthorn Leaf and Flower Dry Extract.

Proprietary Preparations (details are given in Part 3)

Austria: Bericard; Crataegan; Crataegutt; **Belg:** Aubeline; **Braz:** Dekatin; **Chile:** Cratenox; **Cz:** Caj z Hlohu; Cardiplant†; Hloh; Kneipp Pflanzen-Dragees Weissdorn†; **Fr:** Aubeline; Cardiacalm; Spasmosedine†; **Ger:** Adenyloract†; Ardeycordal mono; Basticrat†; Born; Chronocard N; Cordapur Novo; Corocort†; Craegium; Cratae-Loges; Crataegutt; Crataegysat; Crataepas†; Cratecor†; Dr Niedermair Herztönikum; Esbercard novo; Faros; Koro-Nyhadin; Kytta-Cor; Lomacard†; Natucor; Orthangin novo; Oxacant-novo; Poikilocard Mono†; Proteccor novo; Regulacor-POS; Senicor†; Steicorton†; Stenocort mono; **Hung:** Crataegutt; **Pol:** Cardiplant; Chronocard; Cratonix; **Rus:** Doppelherz Cardioital (Доппельгерц Кардиовитал); Novo-Passit (Ново-Пассит); **Switz:** Cardiplant; Crataegitan; Faros; Sedosan-N†; Vitacor.

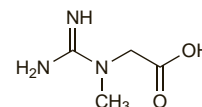
Multi-ingredient: **Arg:** Hepatodirectol; Passacanthine†; Sequals G; **Austral:** Asa Tones; Bioglan Bioage Peripherale; Coleus Complex; Dan Shen Compound; For Peripherale Circulation Herbal Plus Formula 5; Gingo A†; Ginkgo Biloba Plus†; Ginkgo Complex†; Lifechange Circulation Aid†; Life-system Herbal Formula 6 For Peripherale Circulation†; Multi-Vitamin Day & Night†; **Austria:** Corodyn†; Omega; Rutviscal; Virgilocard; Wechseltete St Severin; **Braz:** Natudor; Sedinal; Seneuval; **Braz:** Anevraser†; Calman; Calmazin†; Calmipian; Floriny; Passalio; Passi; Passi Catha†; Passiflora Composita†; Passiflorine; Sedalin†; Serenus; Somniox; **Chile:** Armony†; **Cz:** Alvisan Neo; Fytokliman Planta; Hertz- und Kreislaufte†; Hypotonidka; Novo-Passit; Valofyt Neo; **Fr:** Anxoral†; Biocard; Euphytose; Gernose†; Lenicalm†; Mediflor Tisane Calmante Troubles du Sommeil No 14; Mediflor Tisane Circulation du Sang No 12; Natudor; Neuroflorine; Nicopire; Nocvalene†; Okimus; Passiflorine; Passinevry†; Phytocalm†; Sedatif Tiber; Sedopal; Spasmine; Sympaneur†; Sympathyl; Sympavagol; Tranquital; Vagostabyl†; **Ger:** Anthypertonium S; Ardeycordal N†; Asgovicum N†; Biovital Aktiv†; Biovital Classic; Bocomarin; Cardibionis†; Cardio-Kreislauf-Longoral; Chlorophyll liquid "Schuh"†; Convallocor-SL; Convastabil; Cor-Select†; Fovysat†; Ginseng-Complex "Schuh"†; Herz-Starkung N†; Heusint†; Ila Rogoff; JuViton†; Korodin; Lacerodin Mg Plus†; Nephrosin P†; Nitro-Crataegutt†; Oxacant N†; Oxacant-forte N†; Oxacant-Khella N†; Oxacant-sedativ; Passin; Presselin Arterien K 5 P†; Proteccor; Salus Herz-Schutz-Kapseln†; Saluscor Herz-Schutz-Septacort; Stenocort†; Tomix Viscorasp duo†; **Hong Kong:** Ginkgo Plus Vivo-Liv†; **Hung:** Biovital†; **Indon:** Procardio; **Israel:** Nerven-Dragees; Passiflora; **Ital:** Anevrasi; Bianco Val†; Controllier; Lenicalm; Noctis; Parvisedil; Passiflorine; Sedatol; Sedofit; Sedopuer F; Vagostabil†; **Malaysia:** Circaro; **Mex:** Ifupasil; **Philipp:** Circulan; **Pol:** Alliorut; Biovital N; Cardiacit; Cardibonisol; Cardiol C; Cardiotonic; Cravisol; Fitoven; Ginkgo-card; Herbaton; Kelcardina; Melis-Tonic; Melisal; Melissed; Neocardina; Neospasmina; Neospasmod; Nerwobonisol; Nerwonal; Passibil; Passispasmin; Passispasmod; Perfocrat; Sedomix; Tabletki Tonizujace; Venoforton†; **Port:** Gabisedil†; Neurocardol†; **Rus:** Doppelherz Vitalotonic (Доппельгерц Виталотоник); Herbion Drops for the Heart (Гербин Сердечные Капли); Passifit (Пассифит); **Singapore:** Noricaven†; **Spain:** Natusor High Blood Pressure†; Natusor Somnisedan†; Passiflorine; Sedasor†; Sedonast; Sonofit†; Tensibent†; **Switz:** Arterosan Plus; Cardiaforce; Circulan; Dragees pour le coeur et les nerfs; Dragees sedatives Dr Welte; Gouttes pour le coeur et les nerfs Concentrees†; Ipsasin; Phytomed Cardio; Sirop Passi-Par†; Strath Gouttes pour le coeur; Tisane pour le coeur et la circulation; Triallin; Valverde Coeur; **Venez:** Cratex†; Equalvi; Ervostal; Eufytose†; Passidori; Passifluidina; Passiflorum.

Creatine

N-(Aminiminomethyl)-N-methylglycine.

$C_4H_9N_3O_2 = 131.1$.

CAS — 57-00-1 (creatine); 6020-87-7 (creatine monohydrate).



Creatine Phosphate

Creatina, fosfato de; Creatine Phosphoric Acid; Fosfocreatine; Phosphocreatine. N-[Imino(phosphonoamino)-methyl]-N-methylglycine.

$C_4H_{10}N_3O_5P = 211.1$.

CAS — 67-07-2 (creatine phosphate); 922-32-7 (creatine phosphate disodium).

ATC — C01EB06.

ATC Vet — QC01EB06.

Profile

Creatine is an endogenous substance found mainly in skeletal muscle of vertebrates. Creatine phosphate and its disodium salt have been tried in the treatment of cardiac disorders. Creatine phosphate has also been added to cardioplegic solutions. Creatine monohydrate has been tried in metabolic disorders and used as a dietary supplement. It is also under investigation for the treatment of Parkinson's disease, motor neurone disease (p.2380), Duchenne muscular dystrophy, and Huntington disease.

References

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- Ferraro S, *et al.* Acute and short-term efficacy of high doses of creatine phosphate in the treatment of cardiac failure. *Curr Ther Res* 1990; **47**: 917–23.
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- Stöckler S, *et al.* Creatine replacement therapy in guanidinoacetate methyltransferase deficiency, a novel inborn error of metabolism. *Lancet* 1996; **348**: 789–90.
- Mujika I, Padilla S. Creatine supplementation as an ergogenic aid for sports performance in highly trained athletes: a critical review. *Int J Sports Med* 1997; **18**: 491–6.
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- Tarnopolsky MA, *et al.* Creatine monohydrate enhances strength and body composition in Duchenne muscular dystrophy. *Neurology* 2004; **62**: 1771–7.
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- Hersch SM, *et al.* Creatine in Huntington disease is safe, tolerable, bioavailable in brain and reduces serum 8OH2'dG. *Neurology* 2006; **66**: 250–2.
- Bender A, *et al.* Creatine supplementation in Parkinson disease: a placebo-controlled randomized pilot trial. *Neurology* 2006; **67**: 1262–4.
- Kley RA, *et al.* Creatine for treating muscle disorders. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2007 (accessed 18/04/08).

Preparations

Proprietary Preparations (details are given in Part 3)

Arg: Musashi Creatina†; **Cz:** Neoton; **Ital:** Creatile; Neoton†; **Pol:** Neoton; **Rus:** Neoton (Heorah).

Multi-ingredient: **Ital:** Fortium.

Creatinine

Creatinina. 2-Amino-1-methyl-4-imidazolidinone.

$C_4H_7N_3O = 113.1$.

CAS — 60-27-5.

Pharmacopoeias. In *Ger.* Also in *USNF*.

USNF 26 (Creatinine). White, odourless, crystals or crystalline powder. Soluble in water; slightly soluble in alcohol; practically insoluble in acetone, in chloroform, and in ether.

Profile

Creatinine is used as a bulking agent for freeze-drying.

Plasma concentrations or clearance of endogenous creatinine are used as an index of renal function.

Creatinolfosfate Sodium (HNNM)

Créatinolfosfate de Sodium; Creatinolfosfato sódico; Natrii Creatinolfosfatum. The sodium salt of 1-(2-hydroxyethyl)-1-methylguanidine O-phosphate.

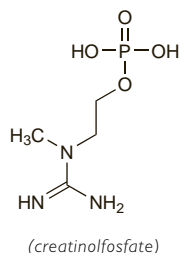
Натрий Креатинолфосфат

$C_4H_{11}N_3NaO_4P = 219.1$.

CAS — 6903-79-3 (creatinolfosfate).

ATC — C01EB05.

ATC Vet — QC01EB05.

**Profile**

Creatinolfosfate has been used as an adjuvant in the treatment of cardiac disorders.

Crotalaria**Profile**

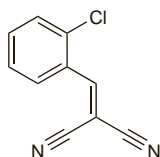
Crotalaria spp. have been used in herbal teas but liver damage has been reported after their ingestion, possibly due to their content of pyrrolizidine alkaloids.

CS Gas

CS Gaz; CS Spray; Gas CS.

$C_{10}H_7ClN_2 = 188.6$.

CAS — 2698-41-1.

**Profile**

CS gas (more properly CS spray) is the name commonly given to a particulate dispersion of α -(*o*-chlorobenzylidene) malonitrile, used as a riot-control agent or 'tear gas'. Its toxic effects include irritation of the eyes and nose, with copious lachrymation and rhinorrhoea; blepharospasm; a burning sensation of the mouth and throat; tightness in the chest, with difficulty in breathing; coughing; an increase in salivation; and retching and vomiting. These effects usually disappear within 15 minutes after exposure ends. The effects of pre-existing disease of the respiratory tract may be exacerbated. Erythema and blistering of the skin may occur.

If symptoms persist, the patient should be removed to a well ventilated area. Treatment is symptomatic. Contaminated skin may be washed with soap and water, but only if symptoms persist since exposure to water may initially exacerbate symptoms. If contamination of the eyes has been severe they should be irrigated with physiological saline or water.

♦ References.

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- Yih J-P. CS gas injury to the eye. *BMJ* 1995; **311**: 276.
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Cubeb

Cubeb Berries; Cubeb Fruit; Cubeba; Java pepper; Tailed Pepper.

Profile

The unripe seeds of cubeb, *Piper cubeba* (Piperaceae), are the source of cubeb oil, which is used in perfumery and aromatherapy.

Preparations

Proprietary Preparations (details are given in Part 3)

Multi-ingredient: **Cz.**: Naturland Grosser Swedenbitter; **Rus.**: Doktor Mom (Доктор Мом); Original Grosser Bittner Balsam (Оригинальный Большой Бальзам Биттнера).

Cucurbita

Abóbora; Calabaza, semillas de; Kürbissamen; Melon Pumpkin Seeds; Pepo; Semence de Courge.

Pharmacopoeias. In *Ger*.**Profile**

Cucurbita consists of the seeds of *Cucurbita pepo* (Cucurbitaceae) or related species. It was formerly used for the expulsion of tapeworms (*Taenia*).

It is an ingredient of several herbal preparations used in urinary-tract disorders.

Preparations

Proprietary Preparations (details are given in Part 3)

Chile: Lefkur; **Cz.**: Turiplex; **Fr.**: VITIX; **Ger.**: Cysto-Urgenin; Granu Fink Kurbiskern; Nomon mono; Prosta Fink forte; Urogenin Cucurbitae oleum; Uvirgan mono; Vesierherb; **Indon.**: Inkurin; **Pol.**: Peronen; Reposterol; Prostogal; **Rus.**: Peronen (Перонен); Tysceolum (Тыскеол).

Multi-ingredient: **Arg.**: Cellskinlab Phyto Spot; Clean-AC; Cleanance; **Austral.**: Lifechange Mens Complex with Saw Palmetto; **Canad.**: Prostate Ease; Prostate; ProstGard; **Chile:** Clean-AC; Cleanance; **Fr.**: Cleanance; Cleanance K; Phytolongbronze; **Ger.**: Granu Fink Kurbiskern N; Granu Fink Prosta; Prostamed; Uvirgan NH; **Hong Kong:** Prostate; Sawmetto Vivo-Livo; **Indon.**: Soprost; **Philipp.**: Castoria; **Pol.**: Prostamer; **Port.**: Bioclin Sebo Care; Prostamed; **Rus.**: Bioprost (Биопрост); **Switz.**: Granu Fink Prosta; Prosta-Caps Chassot N; **UK:** Ymea.

Cusparia

Angostura; Angostura Bark; Carony Bark; Cusparia Bark.

NOTE: 'Angostura Bitters' (Dr J.G.B. Siegert & Sons Ltd) contains gentian and various aromatic ingredients but no cusparia; it is named after the town in which it was first made.

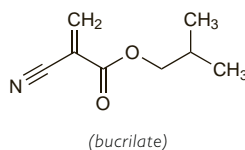
Profile

Cusparia, the bark of *Galipea officinalis* (Rutaceae), has been used as a bitter.

Cyanoacrylate Adhesives

Cianoacrilato, adhesivos de.

CAS — 1069-55-2 (bucrilate); 6606-65-1 (enbucrilate); 137-05-3 (mecrilate); 6701-17-3 (ocrilate).

**Profile**

A number of cyanoacrylate compounds have been used as surgical tissue adhesives. They include:

- bucrilate (bucrylate; isobutyl 2-cyanoacrylate, $C_8H_{11}NO_2 = 153.2$)
- enbucrilate (butyl 2-cyanoacrylate, $C_8H_{11}NO_2 = 153.2$),
- mecrilate (mecrylate; methyl 2-cyanoacrylate, $C_5H_5NO_2 = 111.1$)
- ocrilate (ocrylate; octyl 2-cyanoacrylate, $C_{12}H_{19}NO_2 = 209.3$).

Some cyanoacrylates are used for household purposes and as nail fixatives and others have been investigated as tubal occlusive agents for female sterilisation, for sclerotherapy in bleeding gastric varices (see under Monoethanolamine, p.2346), and for embolisation of intracranial vascular lesions. Cyanoacrylate adhesives have also been used to plug corneal perforations until donor tissue is available.

Adverse effects. Reports of inadvertent application of cyanoacrylate adhesives to the eyes,^{1,2} mouth,³ and ears.^{4,5} Pulmo-

nary embolisation of ocrlate has been reported⁶ when it was used to obliterate gastric varices in a patient.

- Lyons C, *et al.* Superglue inadvertently used as eyedrops. *BMJ* 1990; **300**: 328.
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Treatment of adverse effects. In the event of accidental adhesion of the skin the bonded surfaces may be separated after application of acetone, prolonged soaking in warm (not hot) soapy water, and/or mixtures of alcohol and water. Application of liquid paraffin may help in removal from the skin. If necessary, the surfaces may be peeled or rolled apart with the aid of a spatula; attempts should not be made to pull the surfaces directly apart. Acetone and alcohol should not be used near or in the eyes. Solvents such as nitromethane, toluene, or xylene may be used to aid skin detachment from solid objects. Solvents should be used with care and should not be introduced into the oropharynx. Eye-lids stuck together or bonded to the eyeball should be washed thoroughly with saline or water at room temperature for 15 minutes and a gauze patch applied; the eye will open without further action in 1 to 4 days. Manipulative attempts to open the eyes should not be made. Although cyanoacrylate introduced into the eyes may cause double vision and lachrymation there is usually no residual damage. If lips are accidentally stuck together plenty of warm water should be applied and maximum wetting from saliva inside the mouth encouraged. Lips should be peeled or rolled apart and not pulled. Adhesive introduced into the mouth solidifies and adheres, but saliva will lift the adhesive in 7 to 2 days. Care should be taken to avoid choking.

Heat is evolved on solidification of cyanoacrylate and in rare cases may cause burns.

Uses. References to the use of cyanoacrylate adhesives,^{1–10} including bucrilate,^{1,2} enbucrilate,^{3,4} and ocrlate.^{5–9}

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Preparations

Proprietary Preparations (details are given in Part 3)

Arg.: Dermabond; **Fr.**: Dermabond; **UK:** Dermabond; Histoacryl; Indermil; LiquiBand; SuperSkin.

Multi-ingredient: **Ger.**: Epiglu; **IrL.**: Epiglu; **UK:** Epiglu.

Cyclobutylol Sodium (HNNM)

Ciclobutiról sódico; Cyclobutylol Sodique; Natrii Cyclobutylolum. Sodium 2-(1-hydroxycyclohexyl)butyrate.

Натрий Циклобутирол

$C_{10}H_{17}NaO_3 = 208.2$.

CAS — 512-16-3 (cyclobutylol); 1130-23-0 (cyclobutylol sodium).

ATC — A05AX03.

ATC Vet — QA05AX03.

Profile

Cyclobutylol sodium is a choleric that has been given by mouth. Cyclobutylol betaine, cyclobutylol calcium, and cyclobutylol nicotinamide have been used similarly.

Preparations

Proprietary Preparations (details are given in Part 3)

Multi-ingredient: **Austria:** Trommgallol; **Spain:** Menabil Complex; Sal-cemetit; Sugarbil.