tient's daily requirement. The mean dose of diamorphine required for stabilisation was 55 mg compared with 36 mg for methadone. Some centres have given diamorphine in the form of reefers. Diamorphine has also been prescribed with methadone in the management of addicts.² A systematic review³ that included this study failed to produce conclusive results about the effectiveness of diamorphine (alone or with methadone) in maintenance treatment; however, since the studies were not directly comparable, continued evaluation in clinical studies is required. Oral tablets⁴ and intravenous injection⁵ of diamorphine have also been tried in severely dependent, treatment-resistant patients.

Breast feeding has been used to treat diamorphine dependence in the offspring of dependent mothers but this is no longer considered to be the best method and some authorities recommend that breast feeding should be stopped.

- 1. Ghodse AH, et al. Comparison of oral preparations of heroin and methadone to stabilise opiate misusers as inpatients. *BMJ* 1990; **300:** 719–20.
- 2. van den Brink W, et al. Medical prescription of heroin to treatment resistant heroin addicts: two randomised controlled trials. Abridged version: *BMJ* 2003; **327:** 310–12. Correction. *ibid.*; 724. Full version: http://www.bmj.com/cgi/reprint/327/7410/ 310 (accessed 26/06/08)
- Ferri M, et al. Heroin maintenance for chronic heroin dependents. Available in The Cochrane Database of Systematic Reviews; Issue 2. Chichester: John Wiley; 2005 (accessed
- 4. Frick U, et al. A prospective cohort study on orally administered heroin substitution for severely addicted opioid users. *Addiction* 2006; **101:** 1631–9.
- March JC, et al. Controlled trial of prescribed heroin in the treatment of opioid addiction. J Subst Abuse Treat 2006; 31: 203–11.

Pain. ACUTE PAIN. Rapid pain relief may be obtained with the intravenous injection of diamorphine. Other routes include the intraspinal route for which diamorphine is well suited because of its lipid solubility and pharmacokinetics. Epidural doses of diamorphine have ranged from 0.5 to 10 mg.1 Analgesia was significantly more prolonged and more intense after epidural rather than intramuscular injection of diamorphine 5 mg in women who had had caesarean section;2 itching was reported by 50% of patients undergoing epidural analgesia. Epidural diamorphine alone³ or with bupivacaine has been used for analgesia during labour; addition of adrenaline appeared to improve the quality and duration of analgesia with diamorphine.3 In another study addition of diamorphine to bupivacaine produced a high incidence of pruritus and drowsiness.⁵ A study⁶ of patient-controlled analgesia for postoperative pain found that although epidural diamorphine, used alone or with bupivacaine, reduced the analgesic dose requirement, there was little clinical advantage over the subcutaneous route.

Continuous epidural infusion of diamorphine 500 micrograms/hour in 0.125% bupivacaine provided postoperative analgesia superior to that with either drug alone in patients undergoing major abdominal gynaecological surgery.7 A similar infusion produced analgesia superior to that with either epidural bolus injection or patient-controlled intravenous diamorphine in patients undergoing total abdominal hysterectomy.8 However, more patients receiving the continuous epidural infusion were hypoxaemic than in the other 2 groups.

Diamorphine has also been given intrathecally for postoperative analgesia and should be effective at lower doses than with the epidural route because of greater CSF concentrations. Diamorphine 250 or 500 micrograms given intrathecally with bupivacaine spinal anaesthesia both provided greater postoperative analgesia than bupivacaine alone, ⁹ but the incidence of adverse effects, especially nausea, vomiting, and urinary retention, was still high with either dose and routine use of this technique was not recommended. Intrathecal diamorphine with bupivacaine has also been used for analgesia during labour ^{10,11} and caesarean section. 12-16 In a study 12 in patients undergoing caesarean section, intrathecal diamorphine 250 micrograms showed comparable postoperative analgesia with a 5-mg epidural dose and was associated with less postoperative nausea and vomiting. Other studies 13,14 found that intrathecal diamorphine reduced supplemental analgesic requirements during and after caesarean section when compared with intrathecal fentanyl, Intrathecal diamorphine 400 micrograms was considered by some 15 to be the lowest dose required to reduce intraoperative analgesic supplementation to below 5%; however, lower doses of 300 micrograms have been used in practice.16

Diamorphine has been extensively used by cardiologists in the UK for the management of pain in acute left ventricular failure, unstable angina, and myocardial infarction. It has been theorised that diamorphine may offer benefits over morphine because its stimulatory effects at opioid δ receptors on the myocardium may reduce the extent of myocardial damage.17 Evidence to support this theory is, however, lacking.

- 1. Morgan M. The rational use of intrathecal and extradural opioids. Br J Anaesth 1989; 63: 165-88.
- Macrae DJ, et al. Double-blind comparison of the efficacy of extradural diamorphine, extradural phenoperidine and im diamorphine following caesarean section. Br J Anaesth 1987; 59: 354–9.
- 3. Keenan GMA, et al. Extradural diamorphine with adrenaline in labour: comparison with diamorphine and bupivacaine. Br J Anaesth 1991; 66: 242–6. 4. McGrady EM, et al. Epidural diamorphine and bupivacaine in labour. Anaesthesia 1989; 44: 400–3.

- Bailey CR, et al. Diamorphine-bupivacaine mixture compared with plain bupivacaine for analgesia. Br J Anaesth 1994; 72: 58–61.
- Gopinathan C, et al. A comparative study of patient-controlled epidural diamorphine, subcutaneous diamorphine and an epidural diamorphine/bupivacaine combination for postoperative pain. Eur J Anaesthesiol 2000; 17: 189-96.
- 7. Lee A, et al. Postoperative analgesia by continuous extradural infusion of bupivacaine and diamorphine. Br J Anaesth 1988;
- 8. Madej TH, et al. Hypoxaemia and pain relief after lower abdom inal surgery: comparison of extradural and patient-controlled analgesia. *Br J Anaesth* 1992; **69:** 554–7.

 9. Reay BA, *et al.* Low-dose intrathecal diamorphine analgesia
- following major orthopaedic surgery. Br J Anaesth 1989; **62**: 248–52.
- 10. Kestin IG. et al. Analgesia for labour and delivery using incremental diamorphine and bupivacaine via a 32-gauge intrathecal catheter. *Br J Anaesth* 1992; **68:** 244–7.
- Vaughan DJA, et al. Choice of opioid for initiation of combined spinal epidural analgesia in labour—fentanyl or diamorphine. Br J Anaesth 2001; 86: 567–9.
- Hallworth SP, et al. Comparison of intrathecal and epidural diamorphine for elective Caesarean section using a combined spinal-epidural technique. Br J Anaesth 1999; 82: 228–32.
- Cowan CM, et al. Comparison of intrathecal fentanyl and diamorphine in addition to bupivacaine for Caesarean section under spinal anaesthesia. Br J Anaesth 2002; 89: 452–8.
- Lane S, et al. A comparison of intrathecal fentanyl and diamorphine as adjuncts in spinal anaesthesia for Caesarean section. Anaesthesia 2005; 60: 453–7.
- 15. Saravanan S, et al. Minimum dose of intrathecal diamorphine required to prevent intraoperative supplementation of spinal anaesthesia for Caesarean section. Br J Anaesth 2003; 91: 368–72.
- Wrench II, et al. Dose response to intrathecal diamorphine for elective caesarean section and compliance with a national audit standard. Int J Obstet Anesth 2007; 16: 17–21.
- 17. Poullis M. Diamorphine and British cardiology: so we are right! Heart 1999; 82: 645–6.

CHRONIC PAIN. Patients with chronic opioid-sensitive pain are often treated with diamorphine given by continuous subcutaneous infusion using a small battery-operated syringe driver. The following technique has been described. Diamorphine hydrochloride 1 g could be dissolved in 1.6 mL of water to give a solution with a volume of 2.4 mL (415 mg/mL), but the maximum suggested concentration was 250 mg/mL. If the analgesic requirement was not known the following protocol was recommended:

- · Start injections every 4 hours of 2.5 or 5 mg diamorphine, or, if the patient has already been taking opioids, a dose that is equivalent to the last dose
- · If this is unsatisfactory increase this dose in 50% increments until the patient reports even a little pain relief
- · Calculate the 24-hour requirement by multiplying by six, and start the infusion at this level
- Increase the 24-hour dosage in the pump by 50% increments until the pain is controlled. Note that requirements may vary from less than 20 mg to more than 5 g per 24 hours

When starting an infusion it is important not to allow any breakthrough pain. This may be achieved either by starting the infusion more than 2 hours before the previous oral dose wears off or by giving a loading dose injection of the 4-hourly requirement. Although generally free from complications, sterile abscess formation was reported in 2 patients with advanced cancer receiving diamorphine by continuous subcutaneous infusions.

The intraspinal3 and intraventricular4 routes have also been used successfully in patients with intractable pain. Topical application of diamorphine has also been tried^{5,6} for the control of pressure ulcer pain in a small number of palliative care patients

- 1. Dover SB. Syringe driver in terminal care. BMJ 1987; 294: 553-5.
- 2. Hoskin PJ, et al. Sterile abscess formation by continuous subcu-
- taneous infusion of diamorphine. *BMJ* 1988; **296**: 1605.

 3. Baker L, *et al*. Evolving spinal analgesia practice in palliative care. *Palliat Med* 2004; **18**: 507–15.
- 4. Reeve WG, Todd JG. Intraventricular diamorphine via an Om maya shunt for intractable cancer pain. Br J Anaesth 1990; 65:
- 5. Flock P. Pilot study to determine the effectiveness of diamorphine gel to control pressure ulcer pain. *J Pain Symptom Manage* 2003; **25:** 547–54.
- Abbas SQ. Diamorphine-Intrasite dressings for painful pressure ulcers. J Pain Symptom Manage 2004; 28: 532–4.

Preparations

BP 2008: Diamorphine Injection; **BPC 1973:** Diamorphine Linctus.

Proprietary Preparations (details are given in Part 3)

Switz.: Diaphir

Diclofenac (BAN, HNN)

Diclofénac; Diclofenaco; Diclofenacum; Diklofenaakki; Diklofenak. [2-(2,6-Dichloroanilino)phenyl]acetic acid.

 $C_{14}H_{11}CI_2NO_2 = 296.1.$

CAS = 15307-86-5.

ATC — DIIAXI8; MOIABO5; MO2AAI5; SOIBCO3. ATC Vet — QDIIAXI8; QM0IAB05; QM02AAI5; СООН

Diclofenac Diethylamine (BANM)

Diclofenac Diethylammonium; Diclofenaco dietilamina; Diklofenak Dietilamonyum.

Диклофенак Диэтиламин $C_{18}H_{22}Cl_2N_2O_2 = 369.3.$ CAS = 78213-16-8. ATC = D11AX18.ATC Vet - QD11AX18.

Pharmacopoeias. In Br.

BP 2008 (Diclofenac Diethylamine). A white to light beige, crystalline powder. Sparingly soluble in water and in acetone; freely soluble in alcohol and in methyl alcohol; practically insoluble in 1M sodium hydroxide. The pH of a 1% solution in alcohol (10%) is between 6.4 and 8.4. Store in airtight containers. Protect from

Diclofenac Epolamine

DHEP; Diclofenac Hydroxyethylpyrrolidine.

Диклофенак Эполамин C₁₄H₁₁Cl₂NO₂, C₆H₁₃NO = 411.3. CAS — 119623-66-4. ATC — D11AX18. ATC Vet - QDIIAXI8.

Diclofenac Potassium (BANM, USAN, rINNM)

CGP-45840B; Diclofénac potassique; Diclofenaco potásico; Diclofenacum kalicum; Diklofenaakkikalium; Diklofenak draselná sůl; Diklofenak Potasyum; Diklofenakkalium; Diklofenák-kálium; Diklofenako kalio druska; Kalii Diclofenacum. Potassium [o-(2,6dichloroanilino)phenyl]acetate.

Калия Диклофенак $C_{14}H_{10}Cl_2KNO_2 = 334.2.$ CAS — 15307-81-0. ATC — D11AX18. ATC Vet - QD11AX18.

Pharmacopoeias. In Eur. (see p.vii) and US.

Ph. Eur. 6.2 (Diclofenac Potassium). A white or slightly yellowish, slightly hygroscopic, crystalline powder. Sparingly soluble in water; soluble in alcohol; slightly soluble in acetone; freely soluble in methyl alcohol. Store in airtight containers. Protect from light.

USP 31 (Diclofenac Potassium). pH of a 1% solution in water is between 7.0 and 8.5. Store at a temperature of 20° to 25°. Protect from light.

Diclofenac Sodium (BANM, USAN, rINNM)

Diclofénac sodique: Diclofenaco sódico: Diclofenacum natricum: Diclophenac Sodium; Diklofenakkinatrium; Diklofenak sodná sůl; Diklofenak Sodyum; Diklofenaknatrium; Diklofenák-nátrium; Diklofenako natrio druska; GP-45840; Natrii Diclofenacum. Sodium [2-(2,6-dichloroanilino)phenyl]acetate.

Натрий Диклофенак $C_{14}H_{10}Cl_2NNaO_2 = 318.1.$ CAS — 15307-79-6. ATC — D11AX18. ATC Vet — QDIIAXI8.

NOTE. DICL is a code approved by the BP 2008 for use on single unit doses of eye drops containing diclofenac sodium where the individual container may be too small to bear all the appropriate labelling information.

Pharmacopoeias. In Chin., Eur. (see p.vii), Jpn, US, and Viet. Ph. Eur. 6.2 (Diclofenac Sodium). A white to slightly yellowish, slightly hygroscopic, crystalline powder. Sparingly soluble in water; soluble in alcohol; slightly soluble in acetone; freely soluble in methyl alcohol. Store in airtight containers. Protect from light.

USP 31 (Diclofenac Sodium). A white to off-white, hygroscopic, crystalline powder. Sparingly soluble in water; soluble in alcohol; practically insoluble in chloroform and in ether; freely soluble in methyl alcohol. pH of a 1% solution in water is between 7.0 and 8.5. Store in airtight containers. Protect from light.

Adverse Effects and Treatment

As for NSAIDs in general, p.96.

There may be pain and, occasionally, tissue damage at the site of injection when diclofenac is given intramuscularly. Diclofenac suppositories can cause local irritation. Transient burning and stinging may occur with diclofenac ophthalmic solution; more serious corneal