Enoxolone Aluminium (BANM, rINNM)

Aluminii Enoxolonum; Aluminium Glycyrrhetate; Aluminium Glycyrrhetinate; Enoxolona de aluminio; Enoxolone Aluminum; Énoxolone d'Aluminium. 3β-Hydroxy-11-oxo-olean-12-en-30oic acid, aluminium salt.

Алюминий Эноксолон $(C_{30}H_{46}O_4)_3$.AI = 1439.0. CAS — 4598-66-7. ATC — D03AX10. ATC Vet — QD03AX10.

Enoxolone aluminium is an analogue of carbenoxolone (p.1714) that has been used in preparations for the treatment of peptic ulcer disease and other gastrointestinal disorders. It has also been used in preparations for skin disorders and mouth and throat disorders.

Primary pulmonary hypertension. In-utero exposure to enoxolone was implicated in a fatal case of neonatal primary pulmonary hypertension; the mother had used a lotion for prurigo that contained enoxolone and the authors supposed it had contributed at least in part to the pulmonary hypertension.

 Navarre-Belhassen C, et al. An unexpected case of primary pul-monary hypertension of the neonate (PPHN): potential role of topical administration of enoxolone. J Perinat Med 2002; 30: 437-9.

Preparations

Proprietary Preparations (details are given in Part 3) Multi-ingredient: Spain: Gastroalgine.

Eseridine Salicylate (HNNM)

Éséridine, Salicylate d'; Eseridini Salicylas; Eserine Aminoxide Salicylate; Eserine Oxide Salicylate; Physostigmine Aminoxide Salicylate; Physostigmine N-Oxide Salicylate; Salicilato de eseridina. (4aS,9aS)-2,3,4,4a,9,9a-Hexahydro-2,4a,9-trimethyl-1,2-oxazino[6,5-b]indol-6-ylmethylcarbamate salicylate.

Эзеридина Салисилат $C_{15}H_{21}N_3O_3$, $C_7H_6O_3 = 429.5$. CAS = 25573-43-7 (eseridine); 5995-96-0 (eseridine sal-

Eseridine salicylate, a derivative of physostigmine, is an inhibitor of cholinesterase activity that has been given orally for dyspepsia in doses of up to 4.5 mg 3 times daily, taken 30 minutes before meals.

Preparations

Proprietary Preparations (details are given in Part 3)

Esomeprazole (BAN, rINN)

Esomepratsoli; Esomeprazol; Ésoméprazole; Esomeprazolum; H-199/18; Perprazole. 5-Methoxy-2-{(S)-[(4-methoxy-3,5-dimethyl-2-pyridyl)methyl]sulfinyl}benzimidazole.

Эзомепразол $C_{17}H_{19}N_3O_3S = 345.4.$ CAS — 119141-88-7. ATC — A02BC05. ATC Vet - QA02BC05.

Esomeprazole Magnesium (BANM, USAN, rINNM)

Esomeprazol; Esomeprazol magnésico; Ésoméprazole magnésique; Ésoméprazole Magnesique; Esomeprazolum magnesicum; H199/18 (esomeprazole); Magnesii Esomeprazolum; Perprazole (esomeprazole). 5-Methoxy-2-{(S)-[(4-methoxy-3,5-dimethyl-2pyridyl)methyl]sulfinyl}benzimidazole magnesium (2:1) trihydrate.

Магния Эзомепразол $C_{34}H_{36}MgN_6O_6S_2$, $3H_2O = 767.2$. CAS - 217087-09-7. ATC - A02BC05. ATC Vet — QA02BC05

$$H_3C$$
 $O-CH_3$
 N
 O
 $O-CH_3$
 $O-CH$

Pharmacopoeias. In US.

USP 31 (Esomeprazole Magnesium). A white to slightly coloured powder. Slightly soluble in water; soluble in methyl alcohol; practically insoluble in heptane. Store in airtight containers. Protect from light.

Esomeprazole Sodium (BANM, USAN, rINNM)

Esomeprazol sódico; Ésoméprazole Sodique; Natrii Esomepra-

Натрий Эзомепразол $C_{17}H_{19}N_3NaO_3S = 368.4.$ CAS — 161796-78-7. ATC — A02BC05. ATC Vet — QA02BC05.

Adverse Effects and Precautions

As for Omeprazole, p.1753.

♦ General references

Davies M, et al. Safety profile of esomeprazole: results of a pre-scription-event monitoring study of 11 595 patients in England. Drug Safety 2008; 31: 313–23.

Effects on the cardiovascular system. For discussion of cardiac effects ostensibly seen with esomeprazole, see under Omeprazole, p.1753.

Effects on the kidneys. For reports of interstitial nephritis associated with esomeprazole see p.1753.

Effects on the skin. For mention of exacerbation of vitiligo with esomeprazole, see p.1754.

Fever. For a report of hyperpyrexia associated with esomeprazole, see under Omeprazole, p.1754.

Interactions

As for Omeprazole, p.1755.

1. Andersson T, et al. Drug interaction studies with esomeprazole, the (S)-isomer of omeprazole. Clin Pharmacokinet 2001; 40:

Pharmacokinetics

Esomeprazole is rapidly absorbed after oral doses, with peak plasma levels occurring after about 1 to 2 hours. It is acid labile and an enteric-coated formulation has been developed. Bioavailability of esomeprazole increases with both dose and repeated administration to about 68 and 89% for doses of 20 and 40 mg respectively. Food delays and decreases the absorption of esomeprazole, but this does not significantly change its effect on intragastric acidity. Esomeprazole is about 97% bound to plasma proteins. It is extensively metabolised in the liver by the cytochrome P450 isoenzyme CYP2C19 to hydroxy and desmethyl metabolites, which have no effect on gastric acid secretion. The remainder is metabolised by the cytochrome P450 isoenzyme CYP3A4 to esomeprazole sulfone. With repeated dosage, there is a decrease in first-pass metabolism and systemic clearance, probably caused by an inhibition of the CYP2C19 isoenzyme. However, there is no accumulation during once daily use. The plasma elimination half-life is about 1.3 hours. Almost 80% of an oral dose is eliminated as metabolites in the urine, the remainder in the faeces.

♦ References.

- 1. Andersson T, et al. Pharmacokinetic studies with esomeprazole the (S)-isomer of omeprazole. *Clin Pharmacokinet* 2001; **40:** 411–26.
- Sostek MB, et al. Effect of timing of dosing in relation to food intake on the pharmacokinetics of esomeprazole. Br J Clin Phar-macol 2007; 64: 386–90.

Metabolism. As for omeprazole (p.1755), the cytochrome P450 isoenzyme CYP2C19 is involved in the metabolism of esomeprazole, and individuals who are deficient in this enzyme are poor metabolisers of esomeprazole. However, there is some suggestion that the metabolism of esomeprazole is less dependent on this genotype, as there may be a metabolic shift towards the CYP3A4-mediated pathway.

 Schwab M, et al. Esomeprazole-induced healing of gastro-esophageal reflux disease is unrelated to the genotype of CYP2C19: evidence from clinical and pharmacokinetic data. Clin Pharmacol Ther 2005; 78: 627-34.

Uses and Administration

Esomeprazole is the S-isomer of the proton pump inhibitor omeprazole (p.1753) and is used similarly in the treatment of peptic ulcer disease and NSAID-associated ulceration (p.1702), in gastro-oesophageal reflux disease (p.1696), and the Zollinger-Ellison syndrome (p.1704). It is given as the magnesium or sodium salt but doses are calculated in terms of esomeprazole. Esomeprazole magnesium 22.2 mg and esomeprazole sodium 21.3 mg are each equivalent to about 20 mg of esomeprazole.

Usual doses for **peptic ulcer disease**, as a component of a triple therapy regimen with amoxicillin and clarithromycin, are the equivalent of 20 mg esomeprazole orally twice daily for 7 days, or 40 mg once daily for 10 days.

Oral doses of 20 mg daily, for 4 to 8 weeks, are used in the treatment of NSAID-associated ulceration; a dose of 20 mg daily may also be used for prophylaxis in patients at risk of such lesions who require continued NSAID treatment.

In the UK, the dose for treatment of severe (erosive) gastro-oesophageal reflux disease is 40 mg once daily for 4 weeks, extended for a further 4 weeks if necessary; in the USA, where doses of 20 or 40 mg daily are permitted for initial treatment, a further 4 to 8 weeks of treatment may be considered for patients who do not heal after 4 to 8 weeks. For maintenance, or for symptomatic disease without erosive oesophagitis, doses equivalent to 20 mg of esomeprazole daily may be used in both countries.

For the treatment of Zollinger-Ellison syndrome, the recommended initial oral dose of esomeprazole is 40 mg twice daily, which is then adjusted as needed. The majority of patients can be controlled on doses between 80 and 160 mg daily, although doses of 240 mg have been given. Doses above 80 mg daily should be given in 2 divided doses.

PARENTERAL DOSAGE

Similar doses to the above may be given intravenously for gastro-oesophageal reflux disease and NSAIDassociated ulceration. Esomeprazole is given as the sodium salt by slow intravenous injection over at least 3 minutes or by intravenous infusion over 10 to 30 minutes.

Doses of esomeprazole may need to be reduced in patients with hepatic impairment (see below).

- 1. Maton PN, et al. Safety and efficacy of long term esomeprazole therapy in patients with healed erosive oesophagitis. *Drug Safety* 2001; **24**: 625–35.
- Scott LJ, et al. Esomeprazole: a review of its use in the management of acid-related disorders. Drugs 2002; 62: 1503–38.
- Keating GM, Figgitt DP. Intravenous esomeprazole. Drugs 2004; 64: 875–82.
- 4. Metz DC, et al. Comparison of the effects of intravenously and orally administered esomeprazole on acid output in patients with symptoms of gastro-oesophageal reflux disease. *Aliment Pharmacol Ther* 2005; **22:** 813–21.
- 5. Edwards SJ, et al. Systematic review: proton pump inhibitors (PPIs) for the healing of reflux oesophagitis - a comparison of esomeprazole with other PPIs. *Aliment Pharmacol Ther* 2006; **24**: 743–50.

- Morgner A, et al. Esomeprazole: prevention and treatment of NSAID-induced symptoms and ulcers. Expert Opin Pharmaco-ther 2007; 8: 975–88.
- 7. Blandizzi C, et al. Clinical efficacy of esomeprazole in the pre vention and healing of gastrointestinal toxicity associated wi NSAIDs in elderly patients. *Drugs Aging* 2008; **25:** 197–208.

Administration. In-vitro studies found that almost the entire contents of an esomeprazole capsule is deliverable through small calibre and standard sizes of nasogastric and gastrostomy

- 1. White CM, et al. Delivery of esomeprazole magnesium entericcoated pellets through small caliber and standard nasogastric tubes and gastrostomy tubes in vitro. Am J Health-Syst Pharm 2002: 59: 2085-8.
- 2. Shah SA, et al. Delivery of esomeprazole magnesium through nasogastric and gastrostomy tubes using an oral liquid vehicle as a suspending agent in vitro. Am J Health-Syst Pharm 2006; 63:

Administration in children. UK licensed product information allows for the use of adult doses of esomeprazole (see Uses and Administration, above) in children over 12 years.

In the USA licensed doses, which may be given once daily for up to 8 weeks for the treatment of gastro-oesophageal reflux in children, are:

· 1 to 11 years: 10 mg

• 12 to 17 years: 20 or 40 mg

For healing erosive oesophagitis in children, the following doses based on body-weight are licensed in the USA to be given once daily for up to 8 weeks:

• less than 20 kg: 10 mg • 20 kg or over: 10 or 20 mg

Administration in hepatic impairment. No dosage adjustment of esomeprazole is considered necessary for patients with mild to moderate hepatic impairment (Child-Pugh Classes A and B, respectively). For patients with severe hepatic impairment (Child-Pugh Class C), a daily dose of 20 mg should not be exceeded

Administration in renal impairment. Although no dosage adjustment is considered necessary in patients with renal impairment, UK licensed product information advises caution in those with severe renal impairment, as experience in these patients is limited.

Preparations

Proprietary Preparations (details are given in Part 3)

Arg.: Esomax, Nexium; Austral.: Nexium; Austria: Nexium; Belg.: Nexiam; Braz.: Nexium; Canad.: Nexium; Chile: Nexium; Ulcratex; Cz.: Nexium; Denm.: Nexium; Fin.: Nexium; Fr.: Inexium; Ger.: Nexium; Gr.: Nexium; Hong Kong: Nexium; Hung.: Nexium; India: Esomac; Esoz;
Sompraz, Indon.: Nexium; Hung.: Nexium; Nexi.: Nexium; prat, Nexium; Norw.: Nexium; Philipp.: Nexium; Pol.: Nexium; Port.: Nexium; Rus.: Nexium; Spain: Axiago; Nexium; Swed.: Nexium; Switz.: Nexium; Thai.: Nexium; Swed.: Nexium; Switz.: Nexium; Thai.: Nexium; Rus.: Nexium; Thai.: Nexium; Rus.: Nexium; Thai.: Nexium; Thai Turk.: Nexium: UK: Nexium: USA: Nexium: Venez.: Esoz: Nexium.

Multi-ingredient: Austral.: Nexium Hp; India: Esoz-D; Swed.: Nexium Нр.

Euonymus

Evónimo; Fusain Noir Pourpré; Spindle Tree Bark; Wahoo Bark. Бересклетова Кора

Euonymus is the dried root-bark of Euonymus atropurpureus (=Evonymus atropurpurea) (Celastraceae). It is reported to have laxative, choleretic, and diuretic activity.

Preparations

Proprietary Preparations (details are given in Part 3)

Multi-ingredient: Fr.: Jecopeptol; UK: Acidosis; GB Tablets; Indigestion

Famotidine (BAN, USAN, rINN)

Famotidini; Famotidin; Famotidina; Famotidinas; Famotidinum; L-643341; MK-208; YM-11170. 3-[2-(Diaminomethyleneamino)thiazol-4-ylmethylthio]-N-sulphamoylpropionamidine.

Фамотидин

 $C_8H_{15}N_7O_2S_3 = 337.4.$

CAS — 76824-35-6.

ATC - A02BA03.

ATC Vet - QA02BA03.

Pharmacopoeias. In Chin., Eur. (see p.vii), Jpn, and US. Ph. Eur. 6.2 (Famotidine). A white or yellowish-white, crystal-

line powder or crystals. It exhibits polymorphism. Very slightly soluble in water and in dehydrated alcohol; freely soluble in glacial acetic acid; practically insoluble in ethyl acetate. It dissolves in dilute mineral acids. Protect from light.

USP 31 (Famotidine). A white to pale yellowish-white crystalline powder. Very slightly soluble in water; practically insoluble in alcohol, in acetone, in chloroform, in ether, and in ethyl acetate; freely soluble in dimethylformamide and in glacial acetic acid; slightly soluble in methyl alcohol. Protect from light.

Stability. References.

- 1. Ouercia RA, et al. Stability of famotidine in an extemporaneously prepared oral liquid. Am J Hosp Pharm 1993; 50: 691-3.
- 2. Dentinger PJ, et al. Stability of famotidine in an extemporane compounded oral liquid. Am J Health-Syst Pharm 2000; 1340–2.

Adverse Effects

As for Cimetidine, p.1716. Unlike cimetidine, famotidine is reported to have little or no anti-androgenic effect, although there are isolated reports of gynaecomastia and impotence.

- ♦ General references.
- Howden CW, Tytgat GNJ. The tolerability and safety profile of famotidine. Clin Ther 1996; 18: 36–54.

Effects on the blood. For reports of blood dyscrasias, some serious, occurring with famotidine, see under Cimetidine p.1717.

Effects on the cardiovascular system. Famotidine 40 mg daily by mouth reduced cardiac output and stroke volume, compared with placebo, cimetidine, or ranitidine in healthy subjects. 1 Similar effects seen in another study2 were delayed by pretreatment with ranitidine. However, other workers have found that oral famotidine had no effect on exercise capacity or left ventricular systolic function in healthy subjects,³ and that famotidine 20 mg intravenously had no effect on any of the haemodynamic parameters measured in 11 critically ill patients.4 As with other H₂-antagonists (p.1717), bradycardia and AV block has been reported with famotidine,5 as has a case of QT prolongation.6

- 1. Hinrichsen H, et al. Hemodynamic effects of different H -receptor antagonists. Clin Pharmacol Ther 1990; 48: 302-8.
- 2. Mescheder A, et al. Changes in the effects of nizatidine and famotidine on cardiac performance after pretreatment with ranitidine. Eur J Clin Pharmacol 1993; 45: 151-6.
- Hillermann DE, et al. Impact of chronic oral H -antagonist therapy of left ventricular systolic function and exercise capacity. J Clin Pharmacol 1992; 32: 1033–7.
- 4. Heiselman DE, et al. Hemodynamic status during famotidine infusion. *DICP Ann Pharmacother* 1990; **24:** 1163–5. 5. Schoenwald PK, *et al.* Complete atrioventricular block and car-
- diac arrest following intravenous famotidine administration. An-esthesiology 1999; **90**: 623–6.
- 6. Endo T, et al. Famotidine and acquired long QT syndrome. Am J Med 2000; 108: 438-9.

Effects on the endocrine system. Hyperprolactinaemia and breast engorgement occurred in a woman during the fourth month of treatment with famotidine 80 mg daily;1 she had mistakenly been given twice the usual maximum dose. Recovery occurred when famotidine was withdrawn. Transient hyperprolactinaemia and galactorrhoea have also been reported in a woman after standard doses (40 mg daily) of famotidine.2 There have been a few instances of impotence.

- Delpre G, et al. Hyperprolactinaemia during famotidine therapy Lancet 1993; 342: 868.
- 2. Güven K. Hyperprolactinemia and galactorrhea with standarddose famotidine therapy. Ann Pharmacother 1995; 29: 788.
- 3. Kassianos GC. Impotence and nizatidine. Lancet 1989; i: 963

Effects on the kidneys. For mention of acute interstitial nephritis associated with H₂-antagonists, including famotidine, see under Cimetidine, p.1717.

Effects on the liver. Mixed hepatocellular jaundice and acute hepatitis2 have been associated with use of famotidine; in the latter case hepatitis later recurred when the patient was given cimetidine.

- 1. Ament PW, et al. Famotidine-induced mixed hepatocellular jaundice. Ann Pharmacother 1994; 28: 40-2.
- 2. Hashimoto F, et al. Hepatitis following treatments with famotidine and then cimetidine. Ann Pharmacother 1994; 28: 37-9.

Effects on the nervous system. Similarly to other H₂-antagonists (p.1717), CNS reactions have occurred with famotidine, particularly in the elderly and those with renal failure. 1-3 In one report. convulsions and mental deterioration in 2 elderly patients with renal failure were associated with grossly elevated plasma and CSF concentrations of the drug; symptoms resolved within 3 days of withdrawing famotidine. In another elderly patient with renal impairment, delirium was associated with use of famotidine but did not occur with cimetidine.4

- 1. Yoshimoto K, et al. Famotidine-associated central nervous system reactions and plasma and cerebrospinal drug concentrations in neurosurgical patients with renal failure. Clin Pharmacol Ther 1994; **55:** 693–700.
- Catalano G, et al. Famotidine-associated delirium: a series of six cases. Psychosomatics 1996; 37: 349–55.

- 3. Odeh M, Oliven A. Central nervous system reactions associated with famotidine: report of five cases. *J Clin Gastroenterol* 1998; **27**: 253–4.
- Yuan R-Y, et al. Delirium following a switch from cimetidine to famotidine. Ann Pharmacother 2001; 35: 1045–8.

Effects on the skin. Toxic epidermal necrolysis or erythema multiforme have been reported after use of famotidine; 1,2 the second patient had a recurrence with cimetidine.

- 1. Brunner M, et al. Toxic epidermal necrolysis (Lyell syndrome following famotidine administration. Br J Dermatol 1995; 133: 814-15
- Horiuchi Y, Ikezawa K. Famotidine-induced erythema multi-forme: cross-sensitivity with cimetidine. Ann Intern Med 1999;

Fever. Famotidine 20 mg intravenously every 12 hours was associated with hyperpyrexia in a patient with facial and cranial trauma.1 Rectal temperature in the 24 hours after starting famotidine was 40.5° and remained elevated for the 5 days of famotidine treatment, despite use of antipyretics. Withdrawal of famotidine resulted in a return to normal temperature within 24 hours.

1. Norwood J, et al. Famotidine and hyperpyrexia. Ann Intern Med 1990; 112: 632.

Precautions

As for Cimetidine, p.1718.

Hepatic impairment. For a report of increased resistance to H₂-antagonists in patients with liver cirrhosis, see Ranitidine, p.1766.

Renal impairment. In patients with renal impairment, famotidine clearance is reduced and the elimination half-life increased. resulting in increased serum-drug concentrations and in some cases clinical sequelae (see Effects on the Nervous System, above). The half-life of famotidine in healthy subjects is about 3 hours, but in patients with a creatinine clearance less than 38 mL/minute¹ or those with end-stage renal disease² it has been reported to be 19.3 hours and 27.2 hours respectively. A 50% reduction in the dose of famotidine in patients with renal impairment has therefore been recommended. However, it may not be sufficient to adjust the dose only on the basis of creatinine clearance since famotidine is partly eliminated by tubular secretion, which may also be diminished. A chart review in patients with end-stage renal disease suggested that most patients would tolerate a dose of 20 mg daily, although a few might need further adjustment to prevent mental status changes.

Haemodialysis does not effectively remove famotidine from the systemic circulation. The proportion removed depends on the type of membrane used; with a high flux polysulfone membrane about 16% is reported to be removed, but only 6% with a cuprophan membrane. Continuous ambulatory peritoneal dialysis is reported to remove about 5% of a dose. Continuous haemofiltration may remove about 16% of a dose;² intermittent haemofiltration is reported to remove about 4%4 or 8%.2 Dosage supplements of famotidine are not required during or after dialysis or filtration procedures.

- 1. Inotsume N, et al. Pharmacokinetics of famotidine in elderly patients with and without renal insufficiency and in healthy young volunteers. Eur J Clin Pharmacol 1989; **36:** 517–20.
- 2. Gladziwa U, et al. Pharmacokinetics and dynamics of famotidine in patients with renal failure. Br J Clin Pharmacol 1988; 26: 315-21.
- 3. Redmond AM, et al. Use of famotidine in adult patients with end-stage renal disease: assessment of dosing and mental status changes. Am J Med Sci 2005; 330: 8-10.
- 4. Saima S, et al. Hemofiltrability of H -receptor antagonist, famotidine, in renal failure patients. J Clin Pharmacol 1990; 30: 159-62.

Interactions

Unlike cimetidine (see p.1718) famotidine does not inhibit cytochrome P450, and therefore is considered to have little effect on the metabolism of other drugs. However, like other H₂-antagonists its effects on gastric pH may affect the absorption of some other drugs.

Antacids. Giving famotidine 40 mg with a 10-mL dose of antacid containing 800 mg aluminium hydroxide with 800 mg magnesium hydroxide,1 resulted in a decrease in the bioavailability of famotidine that was considered clinically insignificant. Giving famotidine with a 30-mL dose of the same antacid resulted in a greater reduction in the absorption of famotidine from the gastrointestinal tract, but the interaction could be minimised by separating ingestion by 2 hours.2

- 1. Lin JH, et al. Effects of antacids and food on absorption of famotidine. Br J Clin Pharmacol 1987; 24: 551-3.
- Barzaghi N, et al. Impaired bioavailability of famotidine given concurrently with a potent antacid. J Clin Pharmacol 1989; 29:

Probenecid. Probenecid in a total dose of 1500 mg had a significant effect on the pharmacokinetics of famotidine 20 mg in 8 healthy subjects. The maximum serum concentration of famotidine and the area under the concentration/time curve were significantly increased and renal clearance significantly reduced.