Felbamate (USAN, rINN)

AD-03055; Felbamato; Felbamatum; W-554. 2-Phenyl-1,3-propanediol dicarbamate.

 $C_{11}H_{14}N_2O_4 = 238.2.$ CAS - 25451-15-4. ATC - N03AX10.ATC Vet - QN03AX10.

$$H_2N$$
 O O NH_2

Adverse Effects

The most frequently reported adverse effects with felbamate are anorexia, weight loss, nausea and vomiting, rash, insomnia, headache, dizziness, somnolence, and diplopia. Aplastic anaemia or acute liver failure, sometimes fatal, have occurred rarely, and there have been reports of Stevens-Johnson syndrome.

Effects on the kidneys. A 15-year-old boy receiving up to 3 g of felbamate daily developed urethral obstruction due to formation of urethral stones composed of felbamate. 1 Records revealed that unidentified urinary crystals had been found in the patient's urine 2 years before presentation with acute urolithiasis

For reports of crystalluria associated with felbamate overdosage, see below.

Sparagana SP, et al. Felbamate urolithiasis. Epilepsia 2001; 42: 682-5

Effects on mental function. For the effects of antiepileptic therapy on cognition and mood, including the risk of suicidal ideation, see p.468

Effects on the skin. Toxic epidermal necrolysis has been reported1 in a patient 16 days after she started monotherapy with felbamate for partial complex seizures.

Travaglini MT, et al. Toxic epidermal necrolysis after initiation of felbamate therapy. Pharmacotherapy 1995; 15: 260–4.

Overdosage. A 20-year-old woman presented with slurred speech and nausea 4 hours after ingesting 18 g of felbamate and 12 to 25 g of sodium valproate. Over the next 4 to 5 hours she became combative, uncooperative, and progressively obtunded and eventually required endotracheal intubation and assisted ventilation. Peak plasma concentrations of 200 micrograms/mL for felbamate and 470 micrograms/mL for sodium valproate occurred 12 and 14 hours respectively after ingestion. Large quantities of macroscopic crystals, identified as containing felbamate, were noted in the urine 18 hours after ingestion and the patient developed renal failure. The crystalluria and renal failure responded to parenteral hydration. In another case report, 2 a 3year-old child ingested 232 mg/kg of felbamate resulting in ataxia, vomiting, crystalluria, haematuria, and mild tachycardia. The plasma concentration of felbamate 15 hours after ingestion was 138 micrograms/mL. She was successfully treated with an infusion of sodium chloride 0.9% and intravenous metoclopramide; no renal impairment was seen.

- Rengstorff DS, et al. Felbamate overdose complicated by massive crystalluria and acute renal failure. J Toxicol Clin Toxicol 2000; 38: 667–9.
- Meier KH, et al. Acute felbamate overdose with crystalluria. Clin Toxicol 2005; 43: 189–92.

Precautions

Felbamate is contra-indicated in patients with a history of blood disorders or hepatic impairment. It should be used only in the treatment of severe epilepsy refractory to other antiepileptics because of the risk of fatal aplastic anaemia or acute liver failure. Patients or their carers should be advised of the symptoms of aplastic anaemia and be told to report immediately should any such symptoms develop. Complete blood counts should be carried out before the patient starts treatment and regularly during treatment (but see Epilepsy, under Uses and Administration, below). Aplastic anaemia may occur after felbamate has been stopped so patients should continue to be monitored for some time. Liver function tests are also recommended before starting and regularly (at 1- to 2-week intervals) during treatment. Felbamate should be stopped if there is any evidence of bone marrow depression or liver abnormalities.

Felbamate should be used with caution in patients with renal impairment. Felbamate may cause photosensitivity reactions and patients should be advised to take protective measures against exposure to UV radiation.

Care is required when withdrawing felbamate therapy—see also Uses and Administration, below.

Breast feeding. For comment on antiepileptic therapy and breast feeding, see p.467.

Driving. For a comment on antiepileptic drugs and driving, see

The elderly. Felbamate may need to be given with care in elderly patients (see Administration in the Elderly, below).

Pregnancy. For comments on the management of epilepsy during pregnancy, see p.468.

Interactions

There are complex interactions between antiepileptics and toxicity may be enhanced without a corresponding increase in antiepileptic activity. Such interactions are very variable and unpredictable and plasma monitoring is often advisable with combination therapy. The metabolism of felbamate is enhanced by enzyme inducers such as phenytoin, phenobarbital, or carbamazepine. In contrast, the half-life of felbamate may be prolonged by gabapentin. Felbamate inhibits or enhances the metabolism of several other antiepileptics and care is required when it is added to ther-

Anticoagulants. For the effect of felbamate on warfarin, see p.1429.

Antiepileptics. For some references to the effect of felbamate on other antiepileptics, see under Carbamazepine, p.474, Phenobarbital, p.493, Phenytoin, p.498, and Valproate p.511.

Sex hormones. For the effect of felbamate on oral contraceptives see p.2068 and also under Gestodene, p.2105.

Pharmacokinetics

Felbamate is well absorbed from the gastrointestinal tract and peak plasma concentrations have been reported 1 to 6 hours after oral doses. Protein binding is reported to be about 22 to 25%. It is partly metabolised in the liver by hydroxylation and conjugation to inactive metabolites. Felbamate is excreted mainly in the urine as metabolites and unchanged drug (40 to 50%); less than 5% appears in the faeces. The terminal half-life is reported to be between 16 and 23 hours. Felbamate is distributed into breast

The pharmacokinetics of felbamate are reported to be linear at the doses used clinically. Therapeutic plasma concentrations have been reported to be between 30 and 80 micrograms/mL.

The pharmacokinetics of felbamate are affected by use with other antiepileptics (see Interactions, above).

◊ See under Uses and Administration (below) for mention of pharmacokinetic studies of felbamate in the elderly and in patients with renal impairment.

Uses and Administration

Felbamate is a carbamate structurally related to meprobamate (p.1006). It is used in the treatment of epilepsy (see below); however, because of its toxicity, it should only be used in severe cases unresponsive to other drugs.

Felbamate is given orally as monotherapy or adjunctive therapy for refractory partial seizures with or without secondary generalisation. It is used in children as adjunctive therapy in controlling the seizures associated with the Lennox-Gastaut syndrome (see

The initial dose of felbamate when given as monotherapy is 1.2 g daily in 3 or 4 divided doses. The daily dose should be increased gradually under close supervision; increments of 600 mg every 2 weeks are given according to response, up to 2.4 g daily. Thereafter doses may be further increased to a maximum of 3.6 g daily if necessary.

Similar initial doses are given as adjunctive therapy, but the doses of the other antiepileptics should be decreased as necessary. This adjunctive dose may be increased by 1.2 g at weekly intervals, up to a maximum of 3.6 g.

As with other antiepileptics, withdrawal of felbamate therapy or transition to or from another type of antiepileptic therapy should be made gradually to avoid precipitating an increase in the frequency of seizures. For a discussion on whether or not to withdraw antiepileptic therapy in seizure-free patients, see p.465.

1. Pellock JM, et al. Felbamate: consensus of current clinical experience. Epilepsy Res 2006; 71: 89-101.

Administration in children. As an adjunct in Lennox-Gastaut syndrome, the initial oral dose of felbamate in children aged 2 to 14 years is 15 mg/kg daily in 3 to 4 divided doses. This may be increased gradually in increments of 15 mg/kg at weekly intervals to a maximum of 45 mg/kg daily; the doses of other antiepileptics should be decreased as necessary.

Those aged 14 years and over may be given the usual adult dose (see above) as monotherapy or adjunctive therapy for refractory partial seizures with or without secondary generalisation.

Administration in the elderly. The elderly may require lower initial doses of felbamate and slower dose titration. After single doses of felbamate, plasma concentrations and half-lives were greater and mean clearance lower in elderly than in young subjects, whereas pharmacokinetic parameters after multiple dosing schedules were similar.1

Richens A, et al. Single and multiple dose pharmacokinetics of felbamate in the elderly. Br J Clin Pharmacol 1997; 44: 129–34.

Administration in renal impairment. A single-dose pharmacokinetic study1 indicated that in patients with renal impairment the initial dose of felbamate may need to be lower and increases made more cautiously than in patients with normal renal function (licensed product information suggests halving initial and maintenance doses).

1. Glue P, et al. Single-dose pharmacokinetics of felbamate in patients with renal dysfunction. Br J Clin Pharmacol 1997; 44: 91-3.

Epilepsy. Although felbamate was well tolerated in clinical studies, rare but serious adverse effects were noted during early postmarketing use.^{1,2} Aplastic anaemia and serious hepatotoxic reactions, sometimes with fatal outcomes, developed in some patients. Patients taking felbamate should have frequent blood counts and monitoring of liver enzymes. However there is no evidence that such monitoring will prevent adverse outcomes; in addition, the risk of aplastic anaemia is thought to decrease after the first year of therapy, and the need for ongoing blood counts is still less clear.³ Even if detected early, aplastic anaemia and hepatic impairment may not be reversible.¹ Usage in the USA is restricted to patients with refractory partial seizures with or without secondary generalisation or for adjunctive therapy for children with Lennox-Gastaut syndrome. Guidelines on appropriate use have been issued.3

The overall management of epilepsy is discussed on p.465.

- 1. Dichter MA, Brodie MJ. New antiepileptic drugs. N Engl J Med
- Appleton RE. The new antiepileptic drugs. Arch Dis Child 1996; 75: 256–62.
- 3. French J, et al. The use of felbamate in the treatment of patients with intractable epilepsy. Report of the Quality Standards Subcommittee of the American Academy of Neurology and the American Epilepsy Society. *Epilepsia* 1999; **40:** 803–8. Also available at: http://www3.interscience.wiley.com/cgi-bin/ fulltext/119061174/PDFSTART (accessed 01/09/08)

Preparations

Proprietary Preparations (details are given in Part 3) Arg.: Felbamyl; Austria: Taloxa; Belg.: Taloxa; Cz.: Taloxa; Fr.: Taloxa; Ger.: Taloxa; Hung.: Taloxa; Ital.: Taloxa; Neth.: Taloxa; Norw.: Taloxa; Port.: Taloxa; Swed.: Taloxa; Switz.: Taloxa; USA: Felbatol.

Fosphenytoin Sodium (BANM, USAN, rINNM)

ACC-9653; ACC-9653-010; CI-982 (fosphenytoin or fosphenytoin sodium); Fosfenitoin Sodyum; Fosfenitoína sódica; Fosphénytoïne Sodique; Natrii Fosphenytoinum; PD-135711-15B. 5,5-Diphenyl-3-[(phosphonooxy)methyl]-2,4-imidazolidinedione disodium; 3-(Hydroxymethyl)-5,5-diphenylhydantoin disodium phosphate; 2,5-Dioxo-4,4-diphenylimidazolidin-1-ylmethyl phosphate disodium.

Натрий Фосфенитоин

 $C_{16}H_{13}N_2Na_2O_6P = 406.2.$

CAS - 93390-81-9 (fosphenytoin); 92134-98-0 (fosphenytoin sodium).

ATC — N03AB05.

ATC Vet — QN03AB05.

(fosphenytoin)

Pharmacopoeias. In US.

USP 31 (Fosphenytoin Sodium). A white to pale yellow solid. Freely soluble in water. pH of a 7.5% solution in water is between 8.5 and 9.5. Store in airtight containers.

Stability. References.

Fischer JH, et al. Stability of fosphenytoin sodium with intrave-nous solutions in glass bottles, polyvinyl chloride bags, and polypropylene syringes. Ann Pharmacother 1997; 31: 553–9.

Adverse Effects and Precautions

As for Phenytoin, p.495.

Severe cardiovascular reactions, sometimes fatal, have been reported after intravenous doses of fosphenytoin. Therefore, continuous monitoring of ECG, blood pressure, and respiratory function is recommended during the infusion, and the patient should be kept under observation for at least 30 minutes after the end of the infusion. Hypotension may occur with recommended doses and rates of infusion; a reduction in the infusion rate or stopping therapy may be necessary. Fosphenytoin is contra-indicated in patients with sinus bradycar-

The symbol † denotes a preparation no longer actively marketed