n-Hexane

n-Hexano. н-Гексан С₆H₁₄ = 86.18. CAS — 110-54-3.

Description. n-Hexane is a colourless, flammable, volatile liquid with a faint odour. Wt per mL about 0.66 g. B.p. about 69° . Store in airtight containers.

Adverse Effects

n-Hexane is irritant. Acute exposure to the vapour may result in CNS depression with headache, drowsiness, dizziness, and in severe cases unconsciousness. Chronic occupational exposure and abuse of n-hexane have been associated with the development of peripheral neuropathies. n-Hexane is a constituent of some adhesives and may be implicated in volatile substance abuse (p.2019). Some adverse effects of petrol have been attributed to its content of n-hexane.

◊ References.

- Health and Safety Executive. n-Hexane. Toxicity Review 18. London: HMSO, 1987.
- WHO. n-Hexane. Environmental Health Criteria 122. Geneva: WHO, 1991. Available at: http://www.inchem.org/documents/ehc/ehc/ehc122.htm (accessed 30/06/04)
- WHO. n-Hexane health and safety guide. IPCS Health and Safety Guide 59. Geneva: WHO, 1991. Available at: http://www.inchem.org/documents/hsg/hsg/hsg059.htm (accessed 30/06/04)

Effects on the nervous system. There have been many reports of peripheral neuropathy attributed to the abuse of, and occupational exposure to, n-hexane, although symptoms tend to be milder in the latter. Tetraplegia has occurred in severe cases. There is typically a clinical deterioration several weeks after exposure followed by a slow recovery which, in severe cases, may not be complete. It has been suggested that methyl ethyl ketone potentiates the peripheral neuropathy induced by n-hexane. Occupational exposure to n-hexane has also been associated with cranial nerve neuropathy.

Parkinsonism in a leather worker, possibly associated with exposure to solvents, mainly *n*-hexane, has been noted.²

For further discussion of neurotoxicity after occupational exposure to solvents including *n*-hexane, see under Toluene, p.2026.

- Lolin Y. Chronic neurological toxicity associated with exposure to volatile substances. Hum Toxicol 1989: 8: 293–300.
- Pezzoli G, et al. Parkinsonism due to n-hexane exposure. Lancet 1989; ii: 874.

Pharmacokinetics

n-Hexane is absorbed after inhalation and to a limited extent through the skin. Oxidative metabolites, including 2,5-hexanedione are excreted in the urine largely as conjugates. Some unchanged *n*-hexane is excreted via the lungs.

Uses

n-Hexane is widely used as an industrial solvent, as a solvent in glues, and as an extraction solvent in food processing.

Isobutyl Alcohol

Alcohol isobutílico; Isobutanol. Изобутиловый Спирт $C_4H_{10}O=74.12.$ CAS — 78-83-1.

Profile

Isobutyl alcohol is used as an industrial solvent. It is also used as an anaesthetic in the American lobster, *Homarus americanus*.

♦ References.

- WHO. Butanols—four isomers: 1-butanol, 2-butanol, tert-butanol, isobutanol. Environmental Health Criteria 65. Geneva: WHO, 1987. Available at: http://www.inchem.org/documents/ehc/ehc/ehc65.htm (accessed 30/06/04)
- WHO. Isobutanol health and safety guide. IPCS Health and Safety Guide 9. Geneva: WHO, 1987. Available at: http:// www.inchem.org/documents/hsg/hsg/hsg009.htm (accessed 30/06/04)

Kerosene

Kerosine; 'Paraffin'; Queroseno. Керосин CAS — 8008-20-6. **Description.** Kerosene is a mixture of hydrocarbons, chiefly members of the alkane series, distilled from petroleum. It is a clear, colourless liquid with a characteristic odour. Sp. gr. about 0.8 g. B.p. 180° to 300°. An odourless grade is available. Store in airtight containers.

Adverse Effects

The chief danger from ingestion of kerosene is pneumonitis and attendant pulmonary complications resulting from aspiration. Spontaneous or induced vomiting increases the risk of aspiration. Ingestion of kerosene results in a burning sensation in the mouth and throat, gastrointestinal disturbances, and possibly cough, dyspnoea, and transient cyanosis. There may be excitation followed by CNS depression, with weakness, dizziness, drowsiness, confusion, incoordination, and restlessness progressing to convulsions, coma, and respiratory depression in severe cases. Cardiac arrhythmias have been reported.

The course of poisoning from inhalation is similar to that following ingestion although CNS and cardiac effects are more likely. Kerosene is irritant.

Abuse. A case of volatile substance abuse (p.2019) involving inhalation and ingestion of kerosene has been reported.¹

Das PS, et al. Kerosene abuse by inhalation and ingestion. Am J Psychiatry 1992; 149: 710.

Treatment of Adverse Effects

Treatment of kerosene poisoning is supportive and symptomatic. Every precaution should be taken to avoid aspiration of kerosene into the lungs. The UK National Poisons Information Service considers that gastric lavage should not be used. If large amounts have been taken or there is concern about another toxin, gastric aspiration may be considered if it can be carried out within 1 hour of ingestion and the airway can be protected. Adrenaline and other sympathomimetics should also be avoided because of the risk of precipitating cardiac arrhythmias.

Use

Kerosene is used as a degreaser and cleaner and as an illuminating and fuel oil in kerosene ('paraffin') lamps and stoves. The odourless grade has been used as a solvent in the preparation of some insecticide sprays.

2-Methoxyethanol

Eter monometylowy glikolu etylenowego; Ethylene Glycol Monomethyl Ether; 2-Metoxietanol.

2-Метоксиэтанол $C_3H_8O_2 = 76.09$. CAS — 109-86-4.

Description. 2-Methoxyethanol is a clear, colourless to slightly yellow liquid. Wt per mL about 0.96 g. B.p. about 125°. Miscible with water, with alcohol, with acetone, with dimethylformamide, with ether, and with glycerol. Store in airtight containers.

Adverse Effects and Precautions

2-Methoxyethanol is irritant to mucous membranes. Ingestion may result in CNS depression with confusion, weakness, and in severe cases coma and death from respiratory depression. Nausea, metabolic acidosis, and renal damage may also occur. Prolonged industrial exposure to the vapour has been associated with severe effects on the CNS characterised by headache, dizziness, lethargy, weakness, ataxia, tremor, disorientation, mental changes, weight loss, and visual disturbances. Anaemia has also been reported. There has been concern about the potential for reproductive toxicity.

- \Diamond References to the toxicity of 2-methoxyethanol and other glycol ethers.
- Health and Safety Executive. Glycol ethers. Toxicity Review 10. London: HMSO, 1985.
- WHO. 2-Methoxyethanol, 2-ethoxyethanol, and their acetates. *Environmental Health Criteria 115*. Geneva: WHO, 1990. Available at: http://www.inchem.org/documents/ehc/ehc/ehc115.htm (accessed 30/06/04)
- 3. Browning RG, Curry SC. Clinical toxicology of ethylene glycol monoalkyl ethers. *Hum Exp Toxicol* 1994; **13**: 325–35.
- Johanson G. Toxicity review of ethylene glycol monomethyl ether and its acetate ester. Crit Rev Toxicol 2000; 30: 307–45.
- Bagchi G, Waxman DJ. Toxicity of ethylene glycol monomethyl ether: impact on testicular gene expression. *Int J Androl* 2008; 31: 269–74.

Handling. Suitable precautions should be taken to avoid skin contact with 2-methoxyethanol as it can penetrate skin and produce systemic toxicity.

Uses

2-Methoxyethanol is used as an industrial solvent.

Methyl Alcohol

Metanol; Metanoli; Metanolis; Méthanol; Methanol; Methanolum. Метиловый Спирт $CH_3OH=32.04.$ CAS — 67-56-1.

Pharmacopoeias. In Eur. (see p.vii). Also in USNF.

Ph. Eur. 6.2 (Methanol). A colourless, clear, volatile, hygroscopic liquid. It is flammable. B.p. about 64°. Relative density 0.791 to 0.793. Miscible with water and with dichloromethane. Store in airtieht containers.

The BP 2008 gives Methyl Alcohol as an approved synonym. **USNF 26** (Methyl Alcohol). A clear, colourless, flammable liquid having a characteristic odour. Miscible with water, with alcohol, with ether, with benzene, and with most other organic solvents. Store in airtight containers remote from heat, sparks, and open flames.

Adverse Effects

Immediate signs of acute poisoning after ingestion of methyl alcohol resemble those of ethanol (alcohol; ethyl alcohol) intoxication (see p.1625), but are milder. Characteristic symptoms of methyl alcohol poisoning are caused by toxic metabolites and develop after a latent period of about 12 to 24 hours, or longer if taken with ethanol. The outstanding features of poisoning are metabolic acidosis with rapid, shallow breathing, visual disturbances which often proceed to irreversible blindness, and severe abdominal pain. Other symptoms include headache, gastrointestinal disturbances, pain in the back and extremities, and coma which in severe cases may result in death due to respiratory failure or, rarely, to circulatory collapse. Mania and convulsions occasionally occur. Individual response to methyl alcohol varies widely. Ingestion of 30 mL is considered to be potentially fatal. Absorption of methyl alcohol through the skin or inhalation of the vapour may also lead to toxic systemic effects.

◊ References to the adverse effects of methyl alcohol.

- Jacobsen D, McMartin KE. Methanol and ethylene glycol poisonings: mechanism of toxicity, clinical course, diagnosis and treatment. *Med Toxicol* 1986; 1: 309–34.
- Anderson TJ, et al. Neurologic sequelae of methanol poisoning. Can Med Assoc J 1987; 136: 1177–9.
- Cavalli A, et al. Severe reversible cardiac failure associated with methanol intoxication. Postgrad Med J 1987; 63: 867–8.
- 4. Shapiro L, et al. Unusual case of methanol poisoning. Lancet 1993; 341: 112.
- Medinsky MA, Dorman DC. Recent developments in methanol toxicity. *Toxicol Lett* 1995; 82–83: 707–11.
- McKellar MJ, et al. Acute ocular methanol toxicity: clinical and electrophysiological features. Aust N Z J Ophthalmol 1997; 25: 225–30.
- Williams GF, et al. Methanol poisoning: a review and case study of four patients from central Australia. Aust Crit Care 1997; 10: 113–18.
- Shelby M, et al. NTP-CERHR expert panel report on the reproductive and developmental toxicity of methanol. Reprod Toxicol 2004; 18: 303–90.
- Hantson PE. Intoxication aiguë par le méthanol: physiopathologie, pronostic et traitement. Bull Mem Acad R Med Belg 2006; 161: 425–34.

Handling. Suitable precautions should be taken to avoid skin contact with methyl alcohol as it can penetrate skin and produce systemic toxicity.

Treatment of Adverse Effects

Gastric aspiration may be considered if the patient presents within 1 hour of ingesting methyl alcohol. Activated charcoal is probably of little use as it does not absorb significant amounts of methyl alcohol. Metabolic acidosis (p.1667) should be corrected immediately with intravenous sodium bicarbonate. If significant amounts of methyl alcohol have been ingested, early treatment with an antidote (ethanol or fomepizole) is recommended. Ethanol delays the oxidation of methyl alcohol to its toxic metabolites formaldehyde and formic acid; dosage is adjusted to achieve and maintain a blood-ethanol concentration of 1 to 1.5 mg/mL. An oral dose for a 70-kg adult of about 150 mL of an ethanolic solution containing 40% v/v of C₂H₃OH has been suggested. Alcoholic spirits (such as whisky, gin, or vodka) may often be of the suitable strength. If required, an ethanolic **infusion** containing 10% v/v of C₂H₃OH may then be given as maintenance for which the following doses have been used:

- for an average adult, 1.38 mL/kg per hour
- for a non-drinker or child, 0.83 mL/kg per hour
- for a chronic drinker, 1.96 mL/kg per hour

The infusion should be continued until methyl alcohol concentrations are undetectable, or fall below 50 micrograms/mL with resolution of systemic toxicity.

Fomepizole (p.1446), an inhibitor of alcohol dehydrogenase, is also used; it inhibits the metabolism of methyl alcohol to its toxic metabolites.