ide glucuronide. Only about 2% of isosorbide mononitrate is excreted unchanged in the urine. An elimination half-life of about 4 to 5 hours has been reported.

♦ References.

- Taylor T, et al. Isosorbide 5-mononitrate pharmacokinetics in humans. Biopharm Drug Dispos 1981; 2: 255–63.
- 2. Thadani U, Whitsett T. Relationship of pharmacokinetic and pharmacodynamic properties of the organic nitrates. Clin Pharmacokinet 1988; **15:** 32–43.
- 3. McClennen W, et al. The plasma concentrations of isosorbide 5mononitrate (5-ISMN) administered in an extended-release form to patients with acute myocardial infarction. Br J Clin Pharmacol 1995; **39:** 704–8.
- Hutt V, et al. Evaluation of the pharmacokinetics and absolute bioavailability of three isosorbide-5-mononitrate preparations in healthy volunteers. Arzneimittelforschung 1995; 45: 142–5.
- 5. Baxter T, Eadie CJ. Twenty-four hour plasma profile of sustained-release isosorbide mononitrate in healthy volunteers and in patients with chronic stable angina: two open label trials. *Br J* Clin Pharmacol 1997: 43: 333-5.

Uses and Administration

Isosorbide mononitrate is an active metabolite of the vasodilator isosorbide dinitrate and is used in the longterm management of angina pectoris (p.1157) and heart failure (p.1165). It has also been investigated in myocardial infarction (below).

The usual oral dose is 20 mg two or three times daily, although doses ranging from 20 to 120 mg daily have been given. Modified-release oral preparations have been developed for use in angina.

Myocardial infarction. Long-term management of myocardial infarction (p.1175) can involve numerous drug therapies and some patients, for example those with myocardial ischaemia or poor left ventricular function, may require the long-term use of nitrates, although recent studies have thrown doubt on their routine use. In the GISSI-3 study¹ there was no significant benefit from the use of transdermal glyceryl trinitrate when assessed 6 weeks post-infarction and in the ISIS-4 study² oral isosorbide mononitrate apparently had no effect on 35-day mortality.

- Gruppo Italiano per lo Studio della Sopravvivenza nell'Infarto Miocardico. GISSI-3: effects of lisinopril and transdermal glyceryl trinitrate singly and together on 6-week mortality and ventricular function after acute myocardial infarction. Lancet 1994; 343: 1115-22.
- 2. ISIS-4 (Fourth International Study of Infarct Survival) Collaborative Group. ISIS-4: a randomised factorial trial assessing early oral captopril, oral mononitrate, and intravenous magnesium sulphate in 58 050 patients with suspected acute myocardial infarction. *Lancet* 1995; **345:** 669–85.

Termination of pregnancy. For mention of the use of isosorbide mononitrate to ripen the cervix before termination of pregnancy, see Obstetrics and Gynaecology, under Glyceryl Trini-

Variceal haemorrhage. For reference to the use of isosorbide mononitrate in the management of variceal haemorrhage, see under Glyceryl Trinitrate, p.1299.

Preparations

BP 2008: Isosorbide Mononitrate Tablets; Prolonged-release Isosorbide Mononitrate Tablets;

USP 31: Isosorbide Mononitrate Extended-Release Tablets; Isosorbide

Mononitrate Tablets

Proprietary Preparations (details are given in Part 3)

Proprietary Preparations (details are given in Part 3)

Arg.: Cilatron; Isolan†; Medocor; Misordil†, Monoket; Monotrin; Austral.:
Arsorb; Duride; Imdur; Imtrate; Isomonit; Monodur; Austria: Elantan; Epicordin; Isomonat; Mono Mack; Monoket; Myocardon mono; Olicardin; Belg.: Promocard†; Braz.: Cincordil; Coronar; Monocordil; Revange†, Cand.: Imdur; Chile: Ismo; Mono Mack; Monosac; Cz.: Conpin; Effox†; Imdur†; Ismin; Mono Mack; Monosan; Monosor; Monotaty; Olicard; Sorbimon; Denm.: Fem-Mono; Imdur; Isodur; Fin.: Imdur; Isangina; Ismexin; Ismo; Sosor; Ornox; Fr.: Monicor; Ger.: Coleb; Conpin; Corangin; duramonitat†; Elantan; Is 5 Mono; Ismanton; Ismo; Isomonit; Mono-Bota; Monodair; Monolong; Mononitrat Monopur; Monostense†; Olicard; Orasorbil†; Sigacora†; Turimonit; Gr.: Angioval†; Dilavenit; G-Dil; Imdur; Isomo; Monoginal; Monoket; Monorythm; Monosordil; Nitramin; Nitrian†; Procardol; Hong Kong: Corangin†; Elantan; Imdex: Imdur; Ismo†, Mono Mack†; Monocinque; Hung.: Cardisorb; Isospan; Mono Mack; Olicard; Rangin; Sorbimon†; India: Shono; Ilosopan; Mono Mack; Olicard; Rangin; Sorbimon†; India: Shono; Ilosopan; Mono Mack; Olicard; Rangin; Sorbimon†; India: Shono; Ilosopan; Mono Mack; Monocordit; Monocordi

tard; Isotrate†; MCR-50†; Modisal; Monigen; Monit†; Monomax; Monomil; Monosorb; Trangina; Xismox; Zemon; **USA:** Imdur; Ismo; Monoket; **Venez.**: Elantan; Ismo; Mono Mack.

Multi-ingredient: Braz.: Vasclin; India: Aspitrate+; Mono-A; Solosprin;

Isradipine (BAN, USAN, rINN)

Isradipiini; Isradipin; Isradipinas; Isradipino; Isradipinum; Izradypina; PN-200-110. Isopropyl methyl 4-(2,1,3-benzoxadiazol-4-yl)-1,4-dihydro-2,6-dimethylpyridine-3,5-dicarboxylate

 $C_{19}H_{21}N_3O_5 = 371.4.$

CAS - 75695-93-1.

ATC — C08CA03.

ATC Vet - QC08CA03.

Pharmacopoeias. In Eur. (see p.vii) and US.

Ph. Eur. 6.2 (Isradipine). A yellow crystalline powder. Practically insoluble in water; freely soluble in acetone; soluble in methyl alcohol. Protect from light.

USP 31 (Isradipine). A yellow fine crystalline powder. Protect from light.

Stability. An oral preparation of isradipine 1 mg/mL, prepared using the powder from capsules of isradipine suspended in syrup,1 was stable when stored at 4° for up to 35 days after prepara-

1. MacDonald JL, et al. Stability of isradipine in an extemporaneously compounded oral liquid. Am J Hosp Pharm 1994; **51:** 2409–11.

Adverse Effects, Treatment, and Precautions

As for dihydropyridine calcium-channel blockers (see Nifedipine, p.1350).

♦ In a multicentre study¹ involving 74 patients allocated to antihypertensive therapy with isradipine 2.5 to 10 mg twice daily, and 72 allocated to treatment with hydrochlorothiazide, adverse effects were reported in 44 of the isradipine group but only 29 of the thiazide group. Flushing, palpitation, and oedema were more common in patients receiving isradipine, while headache, dizziness, and dyspnoea were reported in both groups with similar frequency. In another study,2 spontaneously reported adverse effects occurred less frequently in patients taking isradipine (18.4% of 103 patients) than in those taking amlodipine (33.3% of 102 patients). In particular, ankle oedema was less frequent, severe, and prolonged with isradipine than with amlodipine. A multicentre study³ comparing isradipine and enalapril antihypertensive therapy reported adverse effects in 51% of 71 patients taking isradipine and 45% of 64 patients taking enalapril. The commonest side-effects with isradipine were dizziness (14%), oedema (10%), fatigue (9%), headache (9%), and pruritus (7%).

- 1. Carlsen JE, Køber L. Blood pressure lowering effect and adverse events during treatment of arterial hypertension with isradipine and hydrochlorothiazide. Drug Invest 1990; 2: 10-16.
- 2. Hermans L, et al. At equipotent doses, isradipine is better tolerated than amlodipine in patients with mild-to-moderate hypertension: a double-blind, randomized, parallel-group study. Br J Clin Pharmacol 1994; 38: 335-40.
- 3. Johnson BF, et al. A multicenter comparison of adverse reaction profiles of isradipine and enalapril at equipotent doses in patients with essential hypertension. J Clin Pharmacol 1995; 35:

Interactions

As for dihydropyridine calcium-channel blockers (see Nifedipine, p.1352).

Cimetidine increases the bioavailability of isradipine and the dose of isradipine should be reduced by 50% in patients receiving both drugs.

Pharmacokinetics

Isradipine is almost completely absorbed from the gastrointestinal tract after oral doses but undergoes extensive first-pass metabolism; the bioavailability is reported to be 15 to 24%. Peak plasma concentrations occur about 2 hours after oral dosage. It is about 95% bound to plasma proteins. Isradipine is extensively metabolised in the liver, at least partly by the cytochrome P450 isoenzyme CYP3A4. About 70% of an oral dose is reported to be excreted as metabolites in urine, the remainder in faeces. The terminal elimination half-life is often stated to be about 8 hours although a value of less than 4 hours has also been reported.

 \Diamond In single-dose and steady-state studies of the pharmacokinetics of isradipine in 9 hypertensive subjects using a specific high performance liquid chromatographic assay, isradipine was found to be rapidly absorbed with peak concentrations occurring 1.2 (steady state) to 1.5 (single dose) hours after dosing. 1 The mean terminal elimination half-life at steady state was 3.8 hours, suggesting that duration of action is likely to be short and that isradipine would need to be given at least twice daily. There was considerable interindividual variation in the pharmacokinetics. In an earlier study² in healthy subjects the effective half-life of isradipine was calculated to be 8.8 hours, but radiolabelled isradipine was used and the assay method might have been less specific for unchanged drug.

- Shenfield GM, et al. The pharmacokinetics of isradipine in hy-pertensive subjects. Eur J Clin Pharmacol 1990; 38: 209–11.
- 2. Tse FLS, Jaffe JM. Pharmacokinetics of PN 200-110 (isradipine), a new calcium antagonist, after oral administration in man. Eur J Clin Pharmacol 1987; 32: 361–5.

Hepatic impairment. Systemic availability after a radiolabelled oral dose of isradipine 5 mg was no different at 15.6% in 7 patients with non-cirrhotic chronic liver disease from the value of 16.5% in 8 healthy subjects. However, in 8 patients with cirrhosis of the liver availability was markedly increased to a mean of 36.9%; this was associated with decreased clearance (1.6 litres/minute, compared with 9.9 in controls). Terminal halflife, as measured after intravenous dosage, was greater at 11.9 hours in cirrhotic patients than the 5.1 hours seen in controls.

Cotting J, et al. Pharmacokinetics of isradipine in patients with chronic liver disease. Eur J Clin Pharmacol 1990; 38: 599–603.

Uses and Administration

Isradipine is a dihydropyridine calcium-channel blocker with actions similar to those of nifedipine (p.1354). It is used in the treatment of hypertension (p.1171).

The usual initial dose of isradipine is 2.5 mg by mouth twice daily increased if necessary after 3 to 4 weeks to 5 mg twice daily. Some patients may require 10 mg twice daily. In elderly patients an initial dose of 1.25 mg twice daily may be preferable; a maintenance dose of 2.5 or 5 mg once daily may sometimes be sufficient. A reduced dose should also be considered in patients with hepatic or renal impairment (see below).

The dose of isradipine should be reduced in patients who are also taking cimetidine (see Interactions, above).

A modified-release preparation allowing once-daily dosing is available in some countries.

◊ Reviews.

- 1. Fitton A, Benfield P. Isradipine: a review of its pharmacodynamic and pharmacokinetic properties, and therapeutic use in cardiovascular disease. *Drugs* 1990; **40:** 31–74.
- 2. Walton T, Symes LR. Felodipine and isradipine: new calciumchannel blocking agents for the treatment of hypertension. *Clin Pharm* 1993; **12**: 261–75.
- 3. Brogden RN, Sorkin EM. Isradipine: an update of its pharmacodynamic and pharmacokinetic properties and therapeutic efficacy in the treatment of mild to moderate hypertension. *Drugs* 1995; **49**: 618–49.

Administration in hepatic or renal impairment. In patients with hepatic or renal impairment UK licensed product information recommends an initial dose of isradipine of 1.25 mg twice daily. The dose may be increased as required, but a maintenance dose of 2.5 or 5 mg once daily may be sufficient in some

Preparations

BP 2008: Isradipine Tablets: USP 31: Isradipine Capsules

Proprietary Preparations (details are given in Part 3)

Arg.: Dynacirc; Austria: Lomir; Belg.: Lomir; Braz.: Lomir; Chile: Dynacirc; Cz.: Lomir; Denm.: Lomir; Fin.: Lomir; Fin.: Laz. Ger.: Lomir; Vacal; Gr.: Lomir; Hong Kong: Dynacirc; Hung.: Lomir; Hal.: Clivoten; Esradir. Lomir; Malaysia: Dynacirc; Mex.: Dynacirc; Neth.: Lomir; Now.: Lomir; Now.: Lomir; Now.: Lomir; Now.: Comir; Now.: Affr.: Dynacirc; Singapore: Dynacirc; Dynacirc; Dynacirc; Mex.: Lomir; Switz.: Lomir; Switz.: Lomir; Thal.: Dynacirc; Turk.: Dynacirc; UK: Perscal: USA: Dynacirc; Venze: Dynacirc; Cylox. Prescal; **USA:** Dynacirc; **Venez.:** Dynacirc†.

Ivabradine (HNN)

Ivabradina; Ivabradinum; S-16257; S-16257-2 (ivabradine hydrochloride). 3-[3-({[(7S)-3,4-Dimethoxybicyclo[4.2.0]octa-1,3,5-trien-7-yl]methyl}methylamino)propyl]-1,3,4,5-tetrahydro-7,8dimethoxy-2H-3-benzazepin-2-one.

Ивабрадин

 $C_{27}H_{36}N_2O_5 = 468.6.$

CAS — 155974-00-8 (ivabradine); 148849-67-6 (ivabradine hydrochloride).

ATC — COIEBI7.

ATC Vet - QC01EB17.

Adverse Effects

The most common adverse effects seen with ivabradine are luminous phenomena in the visual field (phosphenes). Other adverse effects include blurred vision, bradycardia, which may be severe, and other cardiac arrhythmias, nausea, constipation, diarrhoea, headache, dizziness, dyspnoea, and muscle cramps. Hyperuricaemia, eosinophilia, and elevated blood-creatinine concentrations have been reported.

♦ Reviews.

Savelieva I, Camm AJ. I inhibition with ivabradine: electro-physiological effects and safety. *Drug Safety* 2008; 31: 95–107.

Precautions

Ivabradine should not be given to patients with resting heart rate below 60 beats/minute, or to patients with cardiogenic shock, severe conduction defects, acute myocardial infarction, or unstable angina. Heart failure should be controlled before ivabradine is started; it has not been studied in severe heart failure. Ivabradine should not be used in patients with congenital QT prolongation. Ivabradine is not recommended in atrial fibrillation or other cardiac arrhythmias that interfere with sinus node function, and regular monitoring for such arrhythmias should be performed. If resting heart rate falls below 50 beats/minute the dose should be reduced; treatment should be stopped if this rate persists.

Ivabradine is contra-indicated in severe hypotension and severe hepatic impairment, and should be used with caution in severe renal impairment.

If unexpected deterioration in visual function occurs. stopping treatment may be considered. Caution should be observed in patients with retinitis pigmentosa.

Studies in animals have shown that ivabradine is embryotoxic and teratogenic, and is distributed into breast milk.

Interactions

Ivabradine should not generally be used with drugs that prolong the QT interval.

Ivabradine is metabolised by the cytochrome P450 isoenzyme CYP3A4, and should not be used with potent inhibitors of this enzyme, including azole antifungals such as ketoconazole and itraconazole, macrolide antibacterials such as clarithromycin, HIV-protease inhibitors such as nelfinavir and ritonavir, and nefazodone. Use with the moderate CYP3A4 inhibitors diltiazem and verapamil is also not recommended as the increase in exposure to ivabradine may cause an additional reduction in heart rate. Ivabradine may be used cautiously with other moderate inhibitors, such as fluconazole, at a lower starting dose of 2.5 mg twice daily, with monitoring of the heart rate. Consumption of grapefruit juice should be restricted.

Use with CYP3A4 inducers, such as rifampicin and phenytoin, may require an increase in the dose of ivabradine. St John's wort reduces the exposure to ivabradine by half and its use should be restricted.

Pharmacokinetics

Ivabradine is almost completely absorbed after oral doses but bioavailability is about 40% because of firstpass metabolism. Peak plasma concentrations are achieved after about 1 hour in the fasting state but this is delayed by 1 hour by food and the extent of absorption increased by 20 to 30%. Ivabradine is about 70% bound to plasma proteins.

Ivabradine undergoes extensive metabolism in the liver and gut via the cytochrome P450 isoenzyme CYP3A4 to its main active metabolite N-desmethylivabradine (S-18982). This is further metabolised to some degree by CYP3A4. Ivabradine has an elimination half-life of 2 hours. Its metabolites are excreted to a similar extent in the urine and faeces. About 4% of a dose appears in the urine as the parent drug. Animal studies indicate that ivabradine is distributed into breast milk.

Uses and Administration

Ivabradine is a selective sinus node I_f inhibitor used in the treatment of angina pectoris in patients unable to take beta blockers. It is given as the hydrochloride, but doses are described in terms of the base; 5.4 mg of ivabradine hydrochloride is equivalent to about 5 mg of ivabradine. It is given orally with food in a usual initial dose of 5 mg twice daily, increased after 3 or 4 weeks if necessary to 7.5 mg twice daily. If the heart rate falls persistently below 50 beats/minute or there are symptoms of bradycardia the dose should be titrated downwards, to as low as 2.5 mg twice daily if necessary. Treatment should be stopped if this low rate or symptoms of bradycardia persist.

In the elderly (75 years or above), a lower initial dose of 2.5 mg twice daily should be considered, before increasing if necessary.

◊ Reviews.

- 1. DiFrancesco D, Camm JA. Heart rate lowering by specific and selective I current inhibition with ivabradine: a new therapeutic perspective in cardiovascular disease. *Drugs* 2004; **64:** 1757–65.
- Sulfi S, Timmis AD. Ivabradine—the first selective sinus node I channel inhibitor in the treatment of stable angina. *Int J Clin Pract* 2006; 60: 222–8.
- Menown IBA. Ivabradine: a new strategy for management of sta-ble angina. Br J Hosp Med 2007; 68: 321–5.

Preparations

Proprietary Preparations (details are given in Part 3) Austral.: Coralan; Cz.: Corlentor; Procoralan; Fr.: Corlentor; Procoralan; Gen.: Procoralan; Gr.: Procoralan; Gr.: Procoralan; Pol.: Pol.: Procoralan; Pol.: Procoralan; Pol.: (Кораксан); **UK:** Procoralan.

Ketanserin (BAN, USAN, rINN)

Ketanseriini; Ketanserina; Kétansérine; Ketanserinum; R-41468. 3-{2-[4-(4-Fluorobenzoyl)piperidino]ethyl}quinazoline-2,4(1H,3H)-dione.

Кетансерин

 $C_{22}H_{22}FN_3O_3 = 395.4.$ CAS - 74050-98-9. ATC - C02KD01.

ATC Vet - QC02KD01; QD03AX90.

Ketanserin Tartrate (BANM, ANNM)

Kétansérine, Tartrate de; Ketanserini Tartras; R-49945; Tartrato de ketanserina.

Кетансерина Тартрат $C_{22}H_{22}FN_3O_3$, $C_4H_6O_6 = 545.5$. CAS — 83846-83-7. ATC — C02KD01. ATC. Vet — OC02KD01.

Adverse Effects and Precautions

Ketanserin has been reported to cause sedation, fatigue, light-

headedness, dizziness, headache, dry mouth, and gastrointestinal disturbances. Oedema has been reported rarely. In patients with predisposing factors such as QT prolongation, chronic use of ketanserin has been associated with ventricular arrhythmias including torsade de pointes; ketanserin should be used with caution in patients taking antiarrhythmics and should not be used in secondor third-degree AV block. Care should be taken to avoid the development of hypokalaemia in patients taking ketanserin, for example if diuretics are also given.

Because ketanserin may cause drowsiness care should be taken in patients who drive or operate machinery.

Ketanserin is reported to be better tolerated in elderly than in younger patients.

Interactions

The hypotensive effects of ketanserin may be enhanced by diuretics and other antihypertensives. Ketanserin should be used with caution in patients taking antiarrhythmics or drugs that cause hypokalaemia since the risk of arrhythmias is increased.

Beta blockers. Profound hypotension occurred in 2 patients one hour after taking ketanserin 40 mg orally. Both patients were also taking a beta blocker which may have exacerbated the reaction.

1. Waller PC, et al. Profound hypotension after the first dose of ketanserin. Postgrad Med J 1987; 63: 305–7.

Pharmacokinetics

Ketanserin is rapidly absorbed from the gastrointestinal tract but has a bioavailability of about 50% due to first-pass hepatic metabolism. Peak plasma concentrations occur between 30 and 120 minutes after an oral dose. Ketanserin is about 95% bound to plasma proteins. The terminal half-life is stated to be between 13 and 18 hours but some studies report that following multiple doses the half-life is 19 to 29 hours. The metabolite ketanserinol has a terminal half-life of 31 to 35 hours after multiple doses, and it has been suggested that reconversion of ketanserinol to ketanserin may be responsible for the prolonged half-life of the parent compound during chronic use.

About 68% of an oral dose is excreted in urine, and 24% in faeces, mainly as metabolites. Studies in animals suggest that ketanserin may cross the placenta and that some is present, with metabolites, in breast milk.

♦ References

Persson B, et al. Clinical pharmacokinetics of ketanserin. Clin Pharmacokinet 1991; 20: 263–79.

Uses and Administration

Ketanserin is a serotonin antagonist with a high affinity for peripheral serotonin-2 (5-HT₂) receptors and thus inhibits serotonin-induced vasoconstriction, bronchoconstriction, and platelet aggregation. It also has some alpha₁-antagonist and histamine H₁-antagonist properties, but the clinical significance of these is controversial.

Ketanserin is used in the management of hypertension (p.1171) and has also been tried in other conditions (see below).

Ketanserin is given as the tartrate, but doses are usually expressed in terms of the base. Ketanserin tartrate 27.6 mg is equivalent to about 20 mg of ketanserin.

Ketanserin produces a gradual hypotensive effect when given orally, and 2 or 3 months of therapy may be required to produce the maximum reduction in blood pressure. After intravenous injection a fall in blood pressure is generally produced in 1 or 2 minutes and lasts for 30 to 60 minutes.

In hypertension the usual initial oral dose is 20 mg twice daily, increasing, if necessary, after 2 to 4 weeks, to 40 mg twice daily. It has also been given by intravenous or intramuscular injection. The dose of ketanserin may need to be reduced, or the dosage intervals increased, in patients with hepatic impairment (see be-

♦ Reviews.

Brogden RN, Sorkin EM. Ketanserin: a review of its pharmaco-dynamic and pharmacokinetic properties, and therapeutic poten-tial in hypertension and peripheral vascular disease. *Drugs* 1990;

Administration in hepatic impairment. A study1 in patients with cirrhosis found that the half-life and volume of distribution of ketanserin were decreased but the area under the concentration-time curve was markedly increased; the rate of metabolism was reduced. The results suggested that the dosage should be reduced or the dosage interval increased when ketanserin is given to patients with cirrhosis.

Licensed product information recommends a maximum oral dose of 20 mg twice daily for patients with severe hepatic impairment.

1. Lebrec D, et al. Pharmacokinetics of ketanserin in patients with cirrhosis. Clin Pharmacokinet 1990; 19: 160-6.

Administration in renal impairment. Results from a study in 12 patients with chronic renal impairment, of whom 6 required haemodialysis, suggested that no adjustment of a dose of ketanserin 20 mg twice daily was required in patients with renal impairment.1

1. Barendregt JNM, et al. Ketanserin pharmacokinetics in patients with renal failure. Br J Clin Pharmacol 1990; 29: 715-23.